



# 17th Annual Spring Wellness Festival

Saturday, April 25, 2009

## Request for Sponsors/Donations/Vendors

### To Friends of SCC and Advocates of a Healthy Lifestyle:

On Saturday, April 25, St. Charles Community College will present the 17th annual Spring Wellness Festival featuring the college's popular 10K Race, 3-Mile Walk, and 1-Mile Fun Run. It will be a full, health-wise morning of events for runners and "wellness" advocates. The Wellness Festival also will feature more than 40 booths with fitness, health, and recreation information, demonstrations, screenings, and displays. Entry to the wellness exhibition is free and open to the public. Walk/run event participants pay an entry fee.

The Wellness Festival attracts a large crowd every year. To bolster interest, we will offer free food and beverages, and drawings will be held featuring more than 60 prizes donated by area merchants. In the past, drawing prizes included a bicycle, a "boom box," restaurant lunches and dinners, gift certificates, baseball tickets, Six Flags tickets, books, socks, sports bags, and much more. A drawing for prizes is a fun way to get many people involved, and it's also a publicity boost for the businesses that donate the items!

**We are asking your business, institution, agency, or organization to help us make these events a success.** A monetary donation, or food, or a gift to give away in one of the drawings would be greatly appreciated. We are also seeking one or two "special" fitness items such as exercise equipment, spa membership, or a trip that we could promote in the media to draw area residents to the events. **We would of course gratefully acknowledge the larger contributions in news releases and in thank-you signs posted at the event.**

Please fill out the form below. If you wish to be a race sponsor, contact Heather McDorman at 636-922-8277. For food donations, contact Ben Munson at 636-922-8080. For other prizes/donations, contact Valerie Miyasaki at 636-922-8218. Thank you for helping us bring these popular events to St. Charles County. Best Wishes from the Wellness Festival Committee!

### Donations for April 25, 2009, Run and Wellness Events on the SCC Campus

Business or Organization: \_\_\_\_\_

Contact Person: \_\_\_\_\_ Phone: \_\_\_\_\_

I Am Donating:  \_\_\_\_\_ **and/or**  \_\_\_\_\_  Call me to arrange pickup.  
(amount of check) (item and \$ value of donated item)

In addition to my donation, I am interested in being a race sponsor. Please call me. (Sponsorship is \$300).

Please send me additional race registration forms.

My school is interested in entering a team in the Fun Run.

I would like to have an exhibit booth at the Wellness Fair. Please send me a booth form.

(Cost for a booth is \$75; \$50 for non-profits; \$15 for electricity; Booth request deadline: April 17.)

**Please mail this form to:**  
**Or fax:** 636-922-8279  
**Or call:**  
636-922-8277, 8080, 8218

Heather McDorman  
St. Charles Community College  
4601 Mid Rivers Mall Drive  
Cottleville, MO 63376-2865

**Make Checks Payable to:**  
St. Charles Community College