



**DRUG AND ALCOHOL  
PREVENTION PROGRAM  
REPORT  
2018 –2020**

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## General Information - SCC Drug and Alcohol Prevention Program

St. Charles Community College (SCC) is a drug-free institution and operates within the guidelines as set forth in the Drug-Free Schools and Communities Act. Education Department General Administrative Regulations [EDGAR Part 86] requires that an institute of higher education (IHE) have adopted and implemented a program to prevent the use of illicit drugs and the abuse of alcohol by students and employees. In response, St. Charles Community College (SCC) has adopted and implemented programs and policies to prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees both on the institution's premises and as part of any of its activities.

This legislation directs SCC to maintain a written policy on alcohol and other drugs and to maintain a process that ensures policy distribution to all students, faculty, and staff. The policy enumerates federal, state, and local sanctions for unlawful possession or distribution of illicit drugs and alcohol. It describes health risks associated with alcohol abuse or illicit drug use, provides disciplinary sanctions imposed on students and employees for those in violation of such policies, and offers information regarding treatment programs available for students and employees.

The College is a drug-free institution and operates within the guidelines set forth in the Drug-Free Schools and Communities Act of 1989, the Anti-Drug Abuse Act of 1988 and the Drug-Free Workplace Act of 1988.

SCC prohibits the unlawful manufacture, possession, use or distribution of drugs on the campus, College sites, and client sites or at any College-sponsored event. The possession, use, or distribution of alcoholic beverages on campus, college sites, client sites, instructional activities, or at College-sponsored events is prohibited unless specifically approved by the President.

When alcohol use is approved by the President, all faculty, staff, students and visitors are expected to observe and obey Missouri State Liquor Control Law (Sec. 311.325 RSMo) stating that any person under the age of 21 cannot purchase, attempt to purchase, possess, or be served any intoxicating beverage.

The use of alcoholic beverages at a campus event shall be subject to approval and supervision by the College. Requests for the President's approval must be made at least 60 days prior to the date of the event. After approval is granted by the College President, notification shall be given to the Vice-President for Administrative Services and the Executive Director of Public Safety and Facilities that alcohol will be present at an event.

The organizer of the event is responsible for obtaining all applicable government liquor licenses. The event organizer will pay the cost of all such licenses.

There is no intent to encourage the use of alcoholic beverages or to force its consumption upon those who object to the use of alcohol on moral, ethical or religious grounds. This policy is designed to promote legal and responsible behavior regarding alcohol use.

Violation of this policy may result in disciplinary action, including dismissal. See SCC board policy <https://www.stchas.edu/about-scc/administration/board-policies/414-Drug-Free-Environment-for-Students>.

SCC provides drug and alcohol prevention activities and programs throughout the semester. For additional resources, see <https://www.stchas.edu/about-scc/healthy-campus>.

## **Drug and Alcohol Prevention Planning**

SCC has developed a plan to guide our drug and alcohol prevention efforts with four strategies in mind:

### ***Environmental Management***

We have created a combination of programs, policies, and educational efforts designed to create a campus community that supports and encourages healthy decision-making regarding alcohol and other drugs.

### ***Harm Reduction***

SCC initiates counseling and interventions for at-risk behaviors and manages those risks through the Campus, Assessment, Response and Encouragement Team (CARE) and modifications.

### ***Prevention-Education***

SCC has regular planned activities, programs, and outreach, which inform and empower students with information and education to reduce their risk of drug and alcohol related problems in order to help them make safe and productive decisions.

### ***Social Norming***

SCC is working to build an evidence-based approach to educate students that comparison to peers may be a misperception as it relates to peer drinking/binge drinking and other drugs. Surveys will be on-going to support this initiative.

## **Tobacco-Free Campus**

The College is committed to providing an environment that is safe and healthy. The use of tobacco, smoking and simulated smoking products are prohibited on all College property and in all College vehicles. Signage is clearly posted on the perimeter of the property, at all entrances and other prominent places.

Compliance with this policy is the shared responsibility of all College personnel. Employees are encouraged to communicate this policy with courtesy, respect, and diplomacy. If difficulties arise with compliance, the Department of Public Safety should be notified. Students and visitors who persist in violation of the policy will be required to meet with the SCC Chief of Police (or designee). The SCC Chief of Police (or designee) may discuss the policy, issue a warning or fine, require the violator to attend a workshop sponsored on campus, or a combination thereof. Students who repeatedly violate the policy may be referred to the executive dean of student life, and may be disciplined under the student code of conduct as appropriate. Violation of this policy by an employee should be reported to the employee's supervisor. Employees who violate this policy and have already been verbally counseled will be subject to the Disciplinary Action policy (Pol. 593.0). Prohibited usage of products include, but are not limited to, cigarettes, cigars, pipes, electronic cigarettes, E-cigarettes and smokeless tobacco. See SCC board policy <https://www.stchas.edu/about-scc/administration/board-policies/482-1-Prohibition-of-Tobacco-Use-Smoking-and-Simulated-Smoking> for additional information.

## Compliance

In compliance with the Federal Drug Free Schools and Communities Act, the Office of Student Life notified all full- and part-time SCC students of the alcohol and substance abuse policies and programs most recently on the dates listed below. Students are notified via a mass e- mail communication with links to policies and procedures.

The Department of Public Safety published the St. Charles Community College annual campus security report – as required by the Jeanne Clery Disclosure of Campus Security Policy and Campus Crime Statistics Act, 20 USC 1092(f) and informed students of the website to view the report. In addition, the report is published in a hard copy brochures easily accessible to students, employees, and visitors in public areas of campus.

## Students

Students are expected to comply with local, state, and federal laws pertaining to alcoholic beverages, controlled substances, and illicit drugs. In addition, the manufacture, distribution, sale, possession, consumption, use or conveyance of alcoholic beverages, controlled substances, and illegal drugs and/or possession of drug paraphernalia by any student on college property, at any college-sponsored student activity, or at SCC approved classes, field trips, or activities off campus is strictly prohibited. This includes possession of alcoholic beverage containers.

No student shall be in an intoxicated condition, which may be evidenced by disorderly, obscene or indecent conduct or appearance, while on campus or at a college-approved event off campus. No student shall furnish or cause to be furnished any alcoholic beverage to any person under the legal drinking age. Missouri under-age drinking laws will be enforced through legal referrals and/or reporting of incidents to the St. Charles Community College Police Department and/or Cottleville, Missouri Police Department.

SCC will enforce these guidelines through sanctions for violations of alcohol and drug policies and the Student Code of Conduct. Sanctions may include a verbal warning, written warning, loss of privileges, probation, suspension, expulsion from the campus, or imposition of a lesser sanction. Sanctions may also include classes, community service, referrals for appropriate counseling and/or referral to local law enforcement for prosecution. If a student is convicted of violating criminal laws regarding alcohol or drugs, they may be subject to civil action. Legal sanctions may include classes, community service, fines, prison terms, loss of driving privileges, and mandated rehabilitation programs.

### ***Student Email Notifications***

Students are notified through their SCC (Cougar mail) e-mail accounts. Notifications for 2018 - 2020 are as follows:

### ***A Healthy Campus email was sent to All Active Students (Higher Education Opportunity Act):***

- February 14, 2018
- September 14, 2018
- February 12, 2019
- October 23, 2019
- February, 28 2020

- June 12, 2020
- September 10, 2020

**Notice of the *Drug and Alcohol Prevention Program* email was sent to All Active Students on the following dates:**

- February 14, 2018
- September 14, 2018
- February 12, 2019
- October 23, 2019
- February, 28 2020
- June 12, 2020
- September 10, 2020

**THE FOLLOWING EMAIL MESSAGE IS SENT TO ALL STUDENTS TWICE ANNUALLY:**

***A Healthy Campus***

*St. Charles Community College encourages students to make healthy life choices. This includes a balanced diet, regular exercise, obtaining plenty of rest, and refraining from the use of alcohol, tobacco products, and/or other controlled/illegal drugs.*

***Substance-Free Environment***

***Drug-Free Campus***

*St. Charles Community College is a drug-free institution and operates within the guidelines set forth in the Drug-Free Schools and Communities Act of 1989, the Anti-Drug Abuse Act of 1988 and the Anti-Drug Abuse Act of 1988 and the Drug-Free Workplace Act of 1988. SCC prohibits the unlawful manufacture, possession, use or distribution of drugs on campus, college sites, and client sites or at any college-sponsored event. The possession, use or distribution of alcoholic beverages on campus, college sites, client sites, instructional activities and at college-sponsored events is prohibited unless specifically approved by the president. The use of tobacco products is prohibited on all college property and in all college vehicles. Violation of this policy may result in disciplinary action, which may include, but not limited to, written warning, probation, educational sanction or dismissal.*

Students

<https://www.stchas.edu/about-scc/administration/board-policies/414-Drug-Free-Environment-for-Students>

Faculty/Staff

<https://www.stchas.edu/about-scc/administration/board-policies/581-Drug-Free-Workplace>

***Drug and Alcohol Abuse Education Programs***

*In compliance with the Drug Free Schools and Communities Act, St. Charles Community College has adopted a drug and alcohol abuse prevention program for students and employees. SCC provides various drug and alcohol prevention activities and programs though out the semester. For additional resources, see <https://www.stchas.edu/about-scc/healthy-campus#drug-free> For information about this program, including information pertaining to federal, state, and local sanctions for unlawful possession or distribution of illicit drugs and alcohol; health risks associated with alcohol abuse or illicit drug use; disciplinary sanctions imposed on students and employees; and information*

regarding treatment programs available for students and employees, please review our 2016-2018 Drug and Alcohol Prevention Program Report.

### **Tobacco-Free Campus**

The college is committed to providing an environment that is safe and healthy. The use of tobacco, smoking and simulated smoking products are prohibited on all college property and in all college vehicles. Signage is clearly posted on the perimeter of the property, at all entrances and other prominent places. Students who repeatedly violate the policy may be referred to the director of student life, and may be disciplined under the student code of conduct as appropriate. Prohibited usage of products include, but are not limited to, cigarettes, cigars, pipes, electronic cigarettes, E-cigarettes and smokeless tobacco.

#### *Students*

<https://www.stchas.edu/about-scc/administration/board-policies/482-1-Prohibition-of-Tobacco-Use-Smoking-and-Simulated-Smoking>

#### *Faculty/Staff*

<https://www.stchas.edu/about-scc/administration/board-policies/582-1-Prohibition-of-Tobacco-Use-Smoking-and-Simulated-Smoking>

### **Legal Sanctions**

Local, state and federal laws also prohibit the unlawful possession, use, distribution and sale of alcohol and illicit drugs.

#### *Federal Penalties*

Federal law prohibits the manufacturing, distributing, selling and possession of controlled substances as outlined in Title 21 United States Code Controlled Substances Act. Depending on the amounts, first offense maximum penalties for trafficking marijuana range from up to five years to life imprisonment and a fine of up to \$250,000 to \$10 million. Depending on the amounts, first offense maximum penalties for trafficking other controlled substances (heroin, cocaine, cocaine base, PCP, LSD, Fentanyl, fentanyl analogue and methamphetamine) range from five years to life imprisonment and fines range from \$5 to \$10 million.

Conviction for possession of illicit drugs results in 1 to 3 years' imprisonment and a minimum fine of \$1,000, unless the offense involves cocaine base (crack), which may carry mandatory imprisonment for up to 5 to 20 years. Penalties are more severe for subsequent offenses.

For more information see -<https://www.deadiversion.usdoj.gov/21cfr/21usc/index.html> and [https://www.dea.gov/sites/default/files/drug\\_of\\_abuse.pdf#page=30](https://www.dea.gov/sites/default/files/drug_of_abuse.pdf#page=30)

#### *Missouri and St. Charles City and St Louis County Penalties*

State and local law also provide penalties for violations of laws relating to unlawful manufacture, sale, use or possession of controlled substances and alcohol. A complete listing of Missouri substances, how they are placed on the schedule and additional drug information, can be found at: <http://revisor.mo.gov/main/OneSection.aspx?section=195.017&bid=10018&hl> and <https://library.municode.com/mo>

Missouri drug regulations can be found at:

<http://revisor.mo.gov/main/OneChapter.aspx?chapter=579>

St. Charles City drug regulations can be found at: <https://ecode360.com/27707343>

St Louis County drug regulations can be found at:

[https://library.municode.com/mo/st.\\_louis\\_county/codes/code\\_of\\_ordinances?nodeId=TITVIIPUSA\\_MO\\_CH716PEOFCO\\_716.170DRRO](https://library.municode.com/mo/st._louis_county/codes/code_of_ordinances?nodeId=TITVIIPUSA_MO_CH716PEOFCO_716.170DRRO)

### **Health Risks**

Substance abuse may result in a wide array of serious health and behavioral problems. Substance abuse has both long and short-term effects on the body and the mind. Alcohol and drugs are toxic to the human body. In addition to the problem of toxicity, contaminant poisonings often occur with illegal drug use. HIV infection with intravenous drug use is a prevalent hazard.

Acute health problems may include heart attack, stroke, and sudden death, which can occur for first time cocaine users. Long lasting effects caused by drug and alcohol abuse can cause problems such as disruption of normal heart rhythm, high blood pressure, leaks of blood vessels in the brain, bleeding and destruction of brain cells, possible memory loss, infertility, impotency, immune system impairment, kidney failure, cirrhosis of the liver, and pulmonary damage. Drug use during pregnancy may result in fetal damage and birth defects causing hyperactivity, neurological abnormalities, and developmental difficulties.

**More information on health risks and withdrawal symptoms can be found at:**

[https://d14rmqtrwzf5a.cloudfront.net/sites/default/files/nida\\_commonlyabused\\_withdrawalsymptoms\\_10062017-508-1.pdf](https://d14rmqtrwzf5a.cloudfront.net/sites/default/files/nida_commonlyabused_withdrawalsymptoms_10062017-508-1.pdf)

<https://www.drugabuse.gov/drug-topics/commonly-used-drugs-charts#top>

### **Sexual Offenses**

If a student experiences sexual harassment, he or she may contact the Executive Dean of Student Life/Student Title IX Coordinator at 636-922-8238 or the Department of Public Safety at 636-922-8545. The Executive Dean of Student Life/Student Title IX Coordinator will discuss options for and assistance in notifying law enforcement agencies and accessing services. For confidential reports students can meet with SCC's Mental Health Counselor to receive confidential assistance. The Mental Health Counselor can be reached at 636-922-8536 or by emailing [studentlife@stchas.edu](mailto:studentlife@stchas.edu).

The Executive Dean of Student Life/Student Title IX Coordinator will also assist the student with needed class schedule changes or other interim interventions. The Executive Dean of Student Life/Student Title IX Coordinator may also discuss options for campus disciplinary action, including sanctions the college may impose. The Executive Dean of Student Life/Student Title IX Coordinator will share that both the reporting party and the responding party are entitled to have an advisor present during any formal meetings/proceedings and both parties may appeal and be informed in writing of the outcome of any campus sexual harassment proceedings.

If an employee is a victim of sexual assault, the employee may contact the Department of Public Safety at 636-922-8545, who can assist by discussing options for and assistance in notifying law enforcement agencies and accessing services; contact the Faculty/Staff Title IX Coordinator at 636-922-8654 to discuss options for reporting; contact the Vice President for Human Resources at 636-

922-8300, ADM 1242, and may contact the employee assistance program at 1-800-356-0845 for counseling assistance.

Students:

<https://www.stchas.edu/about-scc/administration/board-policies/article-i/article-i-07-policy>

Faculty/Staff:

<https://www.stchas.edu/about-scc/administration/board-policies/article-i/article-i-07-policy>

### **Student Support Case Management**

SCC provides a Student Support Case Manager to assist with complex student situations that have affected the student's ability to successfully function at the college. The case manager will also assist students by providing referrals to community-based treatment centers for alcohol or substance abuse issues. Schedule an appointment by contacting the Office of Student Life at 636-922-8536. For more information see <https://www.stchas.edu/student-life/student-services/mental-health-counseling/case-management-services>

### **Mental Health Counseling for Students**

SCC provides short-term mental health counseling to assist students. The licensed therapist will also assist students by providing referrals to community-based treatment centers for alcohol or substance abuse issues. Schedule an appointment by contacting the Office of Student Life at 636-922-8536. For more information see <https://www.stchas.edu/student-life/student-services/mental-health-counseling/>.

Resources for Treatment of Substance Abuse:

- Alcoholics Anonymous – (800) 344-2666  
<http://www.aa.org/>
- Substance Abuse and Mental Health Services Administration (SAMSHA) – (800) 622-HELP National Helpline  
<https://www.samhsa.gov/>
- National Council on Alcoholism & Drug Abuse (NCADA)  
<http://ncada-stl.org/>  
314-962-3456

### **Student Conduct, Discipline and Due Process**

Upon admission to the college or program, students assume an obligation to conduct themselves in a manner compatible with the college's function as an educational institution and to comply with the laws enacted by federal, state, and local governments. If this obligation is ignored, the college must institute appropriate discipline. Students may be subject to disciplinary sanctions for conduct that constitutes a hazard to the health, safety or well-being of members of the college community or which is detrimental to the college's interest whether such conduct occurs on campus, off campus or at college-sponsored events.

SCC will cooperate fully with law enforcement and other agencies. SCC reserves the right to initiate disciplinary proceedings for violations of the Student Conduct Code, even if criminal charges are brought forward by the appropriate authorities. Disciplinary actions by SCC are independent of any criminal or civil proceedings.

<https://www.stchas.edu/academics/college-catalog/student-handbook#studentconductdiscipline>.

### **Counseling for Faculty/Staff**

SCC provides a variety of short-term confidential counseling to assist full-time faculty and staff. Services may be accessed by contacting: ComPsych, 888-628-4809, TDD: 800.697.0353, <http://www.guidanceresources.com>

### **Faculty/Staff Disciplinary Action, Grievance, and Appeals**

Full-time Faculty: [MOU Section VIII Grievance Procedures; and MOU Section XVIII Misconduct and Other Violations for Dismissal](#)

Staff and Part-time Faculty: [P-793 Disciplinary Actions](#) and P-790.2 Problem Solving and Appeals, <https://www.stchas.edu/about-scc/administration/board-policies/790-2-Problem-Solving-and-Appeals>

### **Non-Discrimination & Equal Opportunity**

The College is committed to non-discrimination and equal opportunity regarding the treatment of students, faculty and staff. In compliance with Title IX of the Education Amendments of 1972, Title VII of the Civil Rights Act of 1964, Section 504 of the Rehabilitation Act of 1973, and other federal and state laws and regulations, the College adheres to a strict non-discrimination policy in student admission, educational programs, activities, and employment regardless of race, color, sex, sexual orientation, religion, creed, national origin, ancestry, age, veteran status, disability, or genetic information.

<https://www.stchas.edu/about-scc/administration/board-policies/article-vi/articlevi01policy>

### **Crime Reporting**

All community members, students, faculty, staff and guests are encouraged to promptly and accurately report all crimes and emergencies, including when the victim of a crime elects not to or is unable to make such a report. Crimes and other emergencies for the main campus can be reported to the Department of Public Safety/Campus Police by calling 636-922-8545 (on campus, dial 8545) or by dialing 9-1-1. Those at the Center for Healthy Living should report all crimes to both the Department of Public Safety/Campus Police and the St. Charles County Police Department, 636-949-3000. Dial 9-1-1 in an emergency.

Individuals should report all criminal actions or emergencies to the Department of Public Safety/Campus Police to allow for assessment to determine if a timely warning notice is necessary due to a serious or ongoing threat posed against the campus community. Additionally, by reporting criminal information to the Department of Public Safety/Campus Police, the required statistics can be included in the annual statistical disclosure.

St. Charles Community College has procedures for individuals to report crimes on a voluntary, confidential basis for inclusion in the annual crime statistics.

If you are the victim of a crime and do not want to pursue action within the College or the criminal justice system, you may still want to consider making a confidential report. With your permission, a SCC Police and/or Public Safety Officer can file a report on the details of the incident without revealing your identity (except to the Student Title IX Coordinator in the event of a reported sex offense or sexual harassment). The purpose of a confidential report is to comply with your wish to keep the matter confidential, while taking steps to enhance the future safety of yourself and others. With such information, SCC can keep an accurate record of the number of incidents involving

*students, employees and visitors; determine where there is a pattern of crime with regard to a particular location, method, or assailant; and alert the campus community to potential danger. Reports filed in this manner are counted and disclosed in the annual crime statistics for the institution.*

*Professional counselors, when functioning within the scope of their license or certification, are not considered to be a Campus Security Authority and are exempt from reporting requirements. These professionals are not exempt, however, when they are serving in another capacity on campus that involves a function that qualifies them as a CSA (such as advising a student organization). Professional counselors are encouraged to inform persons they are counseling of the voluntary, confidential reporting procedures for the crime to be included in the annual security report.*

### **Crime Statistics**

*St. Charles Community College complies with the Crime Awareness and Campus Security Act enacted by Congress in 1990 (Clery Act). SCC Department of Public Safety maintains the campus crime statistics report. For a copy of the annual report on crime awareness and campus safety, including the previous year's crime statistics for campus, contact the DPS at 636-922-8545 or see <https://www.stchas.edu/student-life/safety-security/clery-reporting>.*

### **Confidentiality of Student Records**

*St. Charles County Community College, like all public colleges and universities, is subject to the provisions of the Family Educational Rights and Privacy Act (FERPA), also known as the Buckley Amendment. FERPA is a Federal law that protects the privacy of student education records. For additional information, see <https://www.stchas.edu/academics/grades-transcripts-records/>.*

*Contact for Questions or Concerns:*

*Director of Enrollment Services (636-922-8237 or e-mail [adm-reg@stchas.edu](mailto:adm-reg@stchas.edu))*

*(End of Email communication)*

## Drug and Alcohol Intervention Programming Events

**When: Monday, September 24, 2018 1:00 PM - 03:00 PM**

**Location:** NAH CHL 119/128

**Description:** Step UP! Training is an opportunity for faculty, staff and students to learn how to best intervene and help in a situation they see occurring.

Contact Information:

Name: Teresa Drury

Email: [tdrury@stchas.edu](mailto:tdrury@stchas.edu)

Phone: 636-922-8536

<https://www.stchas.edu/events/2018/9/24/Step-UP-Training>

**When: Wednesday, September 26, and Thursday, September 27, 2018 10:00 AM - 01:00 PM**

**Location:** SSB Lobby

**Description:** This interactive drug and alcohol prevention program will include fatal vision drunk goggles, mocktails/snacks, drug and alcohol screenings, poster displays by Nursing and Psychology students and drug and alcohol information/prevention booths.

Contact Information:

Name: Teresa Drury

Email: [tdrury@stchas.edu](mailto:tdrury@stchas.edu)

Phone: 636-922-8536

<https://www.stchas.edu/events/2018/9/26/Drug-and-Alcohol-Awareness-Event>

**When: Thursday, September 27, 2018, 7:00 PM**

**Location:** SSB Auditorium

**Description:** Keynote Presentation by Rick Ankiel, former Cardinals baseball player

An evening with Rick Ankiel, NY Times best-selling author of "The Phenomenon." Copies of the book "The Phenomenon" will be available for purchase the evening of the event. Only books purchased that evening will be signed. No additional autographs available that evening.

Contact Information:

Name: Teresa Drury

Email: [tdrury@stchas.edu](mailto:tdrury@stchas.edu)

Phone: 636-922-8536

<https://www.stchas.edu/events/2018/9/27/An-Evening-With-Rick-Ankiel>

**When: Tuesday, September 24 and Wednesday, September 25, 2019 10:00 AM - 01:00 PM**

**Location:** SSB Lobby

**Description:** This interactive drug and alcohol prevention program will include fatal vision drunk goggles, mocktails/snacks, drug and alcohol screenings, poster displays by Psychology students and drug and alcohol information/prevention booths.

Contact Information:

Name: Teresa Drury

Email: [tdrury@stchas.edu](mailto:tdrury@stchas.edu)

<https://www.stchas.edu/events/2019/9/24/Drug-and-Alcohol-Awareness-Event>

**When: Wednesday, September 25, 2019 10:00 AM**

**Location:** SSB Auditorium

**Description:** Speaker Brandon Costerison of NCADA

Brandon Costerison will be speaking on “The Opioid Crisis and Its Roots in Brain Science” – This presentation will look at the ongoing opioid crisis through a public health lens. Discussion on addiction as a brain disease and concrete steps we can take to save lives.

Contact Information

Name: Teresa Drury

Email: [tdrury@stchas.edu](mailto:tdrury@stchas.edu)

<https://www.stchas.edu/events/2019/9/25/Drug-and-Alcohol-Awareness-Event>

**When: Thursday, September 26, 2019 1:00 PM**

**Location:** SSB Auditorium

**Description:** Sergio Chapman, CEO of The Aviary Recovery Center

Sergio Chapman will be speaking on “The Disease of Addiction” – Not everyone accepts addiction as a disease, but there is some generalized consensus among specialists that this is a primary, chronic, progressive, and often deadly disease and requires our society’s attention.

Contact Information:

Name: Teresa Drury

[tdrury@stchas.edu](mailto:tdrury@stchas.edu)

<https://www.stchas.edu/events/2019/9/26/Drug-and-Alcohol-Awareness-Event>

**When: Monday – Thursday, September 23 – 26, 2019**

**Location:** CHL

**Description:** Poster displays by Nursing students. Items covered will include: binge drinking, alcohol abuse in adults, alcohol abuse and adolescents, alcohol abuse and geriatrics, legal implications of alcohol abuse and alcohol addiction resources. Nursing students will be at their poster display on Wednesday, September, 25, 2019 from 10:30 am – 12:30 pm.

Contact Information:

Name: Teresa Drury

Email: [tdrury@stchas.edu](mailto:tdrury@stchas.edu)

<https://www.stchas.edu/events/2019/9/23/Drug-and-Alcohol-Awareness-Event>

**When: Week of October 5, 2020**

**Location:** SCC Portal and Canvas

**Description:** SCC Community Resource “Spotlight”

The SCC Community Resource "Spotlight" is designed to promote, introduce, and connect students to external community resources to support success of SCC students. This week, we will focus on resources providing substance dependence treatment in the community.

- **Bridgeway Behavioral Health**, a division of Preferred Family Healthcare, has been the provider for addiction and trauma services in the St. Louis metropolitan region since 1978. Services include outpatient and inpatient individual and group therapy, SATOP classes, adolescent services, detox, residential living, domestic violence support, and sexual assault services. <https://www.bridgewaybh.com/>
- **CenterPointe Hospital** provides a full range of distinct inpatient and outpatient mental health and addiction treatment services for adolescents, adults and senior adults. The attractive and modern campus provides a serene environment for healing & recovery. The compassionate and

caring staff are here to help you through difficult times, as well as help you develop skills and strategies to lead a happy, successful life. Phone counselors are available 24/7 by calling 800-345-5407. <https://www.centerpointehospital.com/>

- **The Aviary Recovery Center** is a place where you can start your journey in recovery on a path designed for you. The experienced and licensed staff will guide you through a full continuum of care, detox/stabilization, residential treatment, partial hospitalization or intensive out-patient treatment to assist in building a strong foundation for long term recovery. Addressing the addiction and the underlying issues is how people get to long-term recovery. The Aviary Recovery Center looks at the whole person to develop a treatment plan. <https://aviaryrecoverycenter.com/>

Contact Information:

Erin Schnurbusch

[eschnurbusch@stchas.edu](mailto:eschnurbusch@stchas.edu)

**When: Monday October 5, 2020**

**Location:** Zoom

**Description:** Overcoming Alcohol, Drugs, and Addiction – Joseph Green

Green is a motivational speaker, educational consultant, poet, and former Director of Youth Programs at Split This Rock, a Washington D.C. based organization that harnesses the power of poetry for social change. He's also a professional spoken word artist and storyteller. Before Joseph Green became a motivational speaker, before he was winning awards for his poetry, before he was a respected member of the recover community, he was an alcoholic and avid cocaine user. By the age of 28, he had hit rock bottom and knew that he had to get help. He reached out to his father and with the support of his family and friends, he was able to find recovery. Mr. Green will draw upon his recovery journey and other facets of his life to shape compelling narrative to inspire and help others.

Register to attend at <https://forms.office.com/Pages/ResponsePage.aspx?id=YV-6xcYA3ki5gdVLmsReom6E4U3Umo1OjxFKYZIMUVBUQUo1MTIMQIZOT1JOTEIPNDkyNElaOTJVSS4u>

Contact Information:

Robert Jones

636-922-8469

<https://www.stchas.edu/events/2020/10/5/Multicultural-Experience-Series-Joseph-Green>

**When: Tuesday October 6, 2020**

**Where: Zoom** <https://stchas.zoom.us/j/88990114834?pwd=bUVIOTAzYzNENDBST3MyVi9iTWJoUT09>

Meeting ID: 889 9011 4834

Passcode: 2j\$AAtA+Hq

**Description:** Tuesday Tips: Alcohol and Sexual Consent

Erin Lueker, the First Assistant Prosecuting Attorney for the Lincoln County Prosecuting Attorney's Office, will provide the legal definition of sexual consent and how alcohol or other drugs interfere with giving/receiving consent. He will also provide statistics about sexual assault and real-life examples of working on cases regarding drugs and alcohol and sexual consent. Students will be given time at the end to ask questions.

Contact Information:

Kelly DeGeare

[kdegeare@stchas.edu](mailto:kdegeare@stchas.edu)

<https://www.stchas.edu/events/2020/10/6/Tuesday-Tips-Alcohol-and-Sexual-Consent>

**When: Thursday October 8, 2020**

**Where: Zoom** <https://stchas.zoom.us/j/86107022143?pwd=UkxLY0FSWFJmU2hTOVFucVNRZ1gxdz09>

Meeting ID: 861 0702 2143

Passcode: 6Y%GUy\$^h4

**Description:** Addiction 101 – Disease Model & Opiate Epidemic – The Aviary Recovery Center

In this presentation, we'll explore the disease model of addiction and simple ways of understanding the pathology of addiction. We will utilize the current opiate epidemic as a case study for illustration of the powerful nature of addiction and the efforts to offer assistance and hope for recovery We'll also explore the concepts of 'Sober Curious' and how this movement can assist in recovery efforts prior to experiencing negative consequences of addiction.

Contact Information:

Kelly DeGeare

[kdegeare@stchas.edu](mailto:kdegeare@stchas.edu)

<https://myscc.stchas.edu/Lists/CampusAnnouncements/DispForm.aspx?ID=680&RootFolder=%2FLists%2FCampusAnnouncements&Source=https%3A%2F%2Fmyscc%2Estchas%2Eedu%2Ffaculty%5Fstaff%2FPages%2Fannouncements%2Easpx>

## **EXAMPLES OF ADVERTISING FOR EVENTS**

### **Chuck Publication:**

#### **2018 Drug and Alcohol Awareness Program:**

<https://www.stchas.edu/about-scc/news/news-publications/chuck/18-0920-MAC-ChuckForPDF.pdf>

DRUG AND ALCOHOL AWARENESS 9/24-28 2018

Get the facts.

SEPT. 24 1-3 p.m.: CHL 119/128 STEP UP! TRAINING

SEPT. 26 10 a.m.-1 p.m.: SSB Lounge MOCKTAILS

SEPT. 27 10 a.m.-1 p.m.: SSB Lounge MOCKTAILS

SEPT. 27 7 p.m.: SSB Auditorium AN EVENING WITH RICK ANKIEL

ALL WEEK (9/24-9/28) Stop by and check out the wrecked car parked outside of the College Center! For more information, visit [stchas.edu/events](http://stchas.edu/events).

#### **2019 Drug and Alcohol Awareness Program:**

<https://www.stchas.edu/about-scc/news/news-publications/chuck/19-0911-MAC-Chuck-web.pdf>

DRUG AND ALCOHOL AWARENESS 9/23-26

SEPT. 24 10 a.m.-1 p.m. SSB Lounge – Mocktails, drunk goggles, Psychology Department poster displays.

SEPT. 25 10 a.m. SSB Auditorium – “The Opioid Crisis and its Roots in Brain Science” by Brandon Costerison of NCADA.

SEPT. 25 11:30 a.m.-1 p.m. SSB lounge – Mocktails, drunk goggles, Psychology Department poster displays.

SEPT. 25 10:30 a.m.-12:30 p.m. Center for Healthy Living/ Dardenne Creek Campus – Nursing students will discuss the CHL nursing poster display.

SEPT. 26 SSB auditorium – “The Disease of Addiction” by Sergio Chapman of The Aviary Recovery Center

Get the facts.

More info: Teresa Drury at [tdrury@stchas.edu](mailto:tdrury@stchas.edu)

### **mySCC Portal:**

#### **2018 Drug and Alcohol Awareness Program:**

- <https://myscc.stchas.edu/Lists/CampusAnnouncements/DispForm.aspx?ID=471>

#### **2019 Drug and Alcohol Awareness Program:**

- [https://myscc.stchas.edu/PublishingImages/faculty\\_staff/Pages/default/19-0829-SAO%20Drug%20Alcohol%20Awareness-STAMP.pdf#search=Drug%20and%20Alcohol](https://myscc.stchas.edu/PublishingImages/faculty_staff/Pages/default/19-0829-SAO%20Drug%20Alcohol%20Awareness-STAMP.pdf#search=Drug%20and%20Alcohol)
- <https://myscc.stchas.edu/Lists/CampusAnnouncements/DispForm.aspx?ID=571>

#### **2020 Drug and Alcohol Awareness Program:**

- <https://myscc.stchas.edu/Lists/CampusAnnouncements/DispForm.aspx?ID=680&RootFolder=%2FLists%2FCampusAnnouncements&Source=https%3A%2F%2Fmyscc%2Estchas%2Eedu%2Ffaculty%5Fstaff%2FPages%2Fannouncements%2Easpx>

### **SCC News:**

<https://www.stchas.edu/about-scc/news/2018/8/Rick-Ankiel-announced-as-Keynote-Speaker-at-SCCs-Drug-and-Alcohol-Awareness-Week>

<https://www.stchas.edu/about-scc/news/2020/10/Drug-and-Alcohol-Awareness-Week>

### **Cougar News:**

Sept. 23-Oct. 6, 2019

Sept. 23-26 is Drug and Alcohol Awareness Week. Join us for the following events:

- All week – Center for Healthy Living/Dardenne Creek Campus – Poster displays by nursing students
- 10 a.m.-1 p.m. Tuesday, Sept. 24 – SSB lounge – Mocktails, drunk goggles, Psychology Department poster displays
- 10 a.m. Wednesday, Sept. 25 – SSB auditorium – “The Opioid Crisis and its Roots in Brain Science” by Brandon Costerison of NCADA
- 10:30 a.m.-12:30 p.m. Wednesday, Sept. 25 – Center for Healthy Living/Dardenne Creek Campus – Nursing students will discuss the CHL nursing poster display
- 11:30 a.m.-1 p.m. Wednesday, Sept. 25 – SSB lounge – Mocktails, drunk goggles, Psychology Department poster displays
- 1 p.m. Thursday, Sept. 26 – SSB auditorium – “The Disease of Addiction” by Sergio Chapman of The Aviary Recovery Center

For more information, please contact Teresa Drury at [tldrury@stchas.ed](mailto:tdrury@stchas.ed)

### **CANVAS:**

<file:///Y:/Student-Life/Biennial%20Report%20for%20%20Drug%20and%20Alcohol%20Intervention%20Programming/Fall%202018.Spring2020/Topic%20For%20Students%20Be%20Extra!%20Extra%20Credit!%20Drug%20and%20Alcohol%20Awareness%20Week.html>

### ***The Weekly SCCOOP:***

September 24-28, 2018:

It's Drug and Alcohol Awareness Week at SCC. Rick Ankiel, former Cardinals player, is the keynote speaker of Drug and Alcohol Awareness Week. The event will be held at 7 p.m. Thursday, Sept. 27, in the SSB auditorium. It is free and open to the public. For a full listing of events, visit [stchas.edu/events](http://stchas.edu/events).

September 23-27, 2019:

**Sept. 23-26** is Drug and Alcohol Awareness Week. Join us for the following events:

- **All week** – Center for Healthy Living/Dardenne Creek Campus – Poster displays by nursing students
- **10 a.m.-1 p.m.** Tuesday, **Sept. 24** – SSB lounge – Mocktails, drunk goggles, Psychology Department poster displays
- **10 a.m.** Wednesday, **Sept. 25** – SSB auditorium – “The Opioid Crisis and its Roots in Brain Science” by Brandon Costerison of NCADA
- **10:30 a.m.-12:30 p.m.** Wednesday, **Sept. 25** – Center for Healthy Living/Dardenne Creek Campus – Nursing students will discuss the CHL nursing poster display
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- **1 p.m.** Thursday, **Sept. 26** – SSB auditorium – “The Disease of Addiction” by Sergio Chapman of The Aviary Recovery Center

For more information, please contact Teresa Drury at [tdrury@stchas.edu](mailto:tdrury@stchas.edu)

### **Step UP! Program**

<https://myscc.stchas.edu/studentsupport/Pages/Step-Up-Bystander-Intervention.aspx>

<http://stepupprogram.org/>

Step UP! is a bystander intervention program that educates students to be proactive in helping others.

Step UP! Training prepares students to identify a situation as a problem and to intervene safely, thereby reducing the outcomes of problematic behaviors. The goals for students are to:

- Recognize reasons why people may not intervene
- Develop specific intervention skills
- Increase motivation and confidence to help
- Empower participants to act on their values
- Create a safer, healthier, more caring environment

Step UP! aims to positively affect SCC students, employees and the community by utilizing the S.E.E. Model: Safe Responding, Early Intervention and Effective Helping.

- Safe – Never put yourself in harm's way but talk to someone, make a phone call (911 if necessary) and/or engage others.
- Early – Intervene early before the problem becomes a crisis or disaster.
- Effective – Know what to do and how to do it.

Step UP! teaches five decision making steps:

- Notice the event.
- Interpret the event as a problem.
- Assume personal responsibility.
- Know how to help (safe intervention or seek outside help).
- Implement the help – Step UP!

These skills will not only impact student decision making on campus, but will serve them in the future as they protect family, friends and fellow citizens. These skills are applicable in all environments.

### **STEP-UP Training Sessions**

#### **Spring 2018**

- Friday, March 2, 2018, 1:00 – 3:00 pm, SSB 1102

#### **Fall 2018**

- Monday, September 24, 2018, 1:00 – 3:00 pm, CHL 119/128

### **Additional Resources**

Brochures and pamphlets used at Drug and Alcohol Prevention Program were provided or purchased for distribution to SCC Students, Faculty, Staff, and Community;

- NCADA (National Council on Alcoholism & Drug Abuse) – <http://www.ncada-stl.org/>
- Partners in Prevention – <https://pip.missouri.edu/brochures.html>
- Substance Abuse and Mental Health Services Administration – <https://www.samhsa.gov/>
- NIDA (National Institute on Drug Abuse) – <https://www.drugabuse.gov/> and <https://teens.drugabuse.gov/>
- The Bacchus Network – <http://www.bacchusnetworkstore.org/>
- Cheers to the Designated Driver – <http://pip.missouri.edu/CHEERS/>
- Missouri Coalition for Roadway Safety – <https://savemolives.com/>
- PSA Worldwide - <https://www.psacorp.com/pgs/index.aspx>

### **Additional Programming**

SCC is committed to comprehensive drug and alcohol programming throughout multiple approaches and perspectives. Included below are programs that the SCC Student Activities, Student Life or other departments have sponsored through presentations, outside speakers, and organizations.

Department	Year	Name	Title
Student Life	2018	Tamara Williams-Reding	"Disfluency" Using our Voices
Student Life	2018	Tamara Williams-Reding	Breakfast Club
Student Life	2018	Tamara Williams-Reding	Depression Screening
Student Life	2018	Kelley Pfeiffer	Documentary: "Angst" - Anxiety Disorders are Real, Common and Treatable...Let's Talk About It.
Student Life	2018	Teresa Drury	Mental Health and Wellness Expo
Nursing Department	2018	Jenny Ward	Nursing Student Presentations on Mental Health Related Topics and Poster Displays
Student Life	2018	Tamara Williams-Reding	SCC Speaks Freely - #MeToo Movement
Disability Support Services	2018	Paige George	Allies for Inclusion
Title IX	2018	Sylvia Edgar	Safe Zone Training
Student Activities	2018	Mandi Smith	Therapy Dogs
Student Life	2018	Jonathan Hunn	Mindfulness Exercises
Student Activities	2018	Mandi Smith	That's What She Said
Human Resources	2018	Human Resources	Drug Free Workplace online training
Democracy Days	2018	Michael Kuelker	ACA: Myths & Realities
Student Activities	2018	Mandi Smith	Black Hair Matters
Student Activities	2018	Mandi Smith	#MeToo: An Open-Mic Discussion on Sexual Assault and Rape
Student Activities	2018	Mandi Smith	SPOKEN WORD ARTIST: EBONY STEWART
Student Activities	2018	Teresa Drury	Safe Zone Training
Student Life	2018	Teresa Drury	Step UP! Training

COL 101	2019	Boyd Copeland	Get Inclusive – Online Title IX Training
Human Resources	2019	Martha Kampen	Get Inclusive – Online Title IX Training
Human Resources	2019	Martha Kampen	Sexual Harassment: Staff to Staff – Online Safe Colleges
Human Resources	2019	Martha Kampen	Sexual Misconduct: Staff to Student – Online Safe Colleges
Human Resources	2019	Martha Kampen	Drug Free Workplace Training – Online Safe Colleges
SA and BRIDGE	2019	Robert Jones	TEDx Talk – “We Should All Be Feminists”
AAFSA and Student Life	2019	Chris Hubbard Jackson & Marvin Tobias	Film: TRUE JUSTICE: BRYAN STEVENSON’S FIGHT FOR INEQUALITY
AAFSA and Student Life	2019	Chris Hubbard Jackson & Marvin Tobias	Film: BLACK AMERICA SINCE MLK: AND STILL I RISE (PARTS 1 & 2)
AAFSA and Student Life	2019	Chris Hubbard Jackson & Marvin Tobias	HIP-HOP AND POLITICKING
AAFSA and Student Life	2019	Chris Hubbard Jackson & Marvin Tobias	CHANGE AGENTS: BLACK WOMEN AND ACTIVISM
AAFSA and Student Life	2019	Chris Hubbard Jackson & Marvin Tobias	MAKING OF “A RED CIRCLE”
AAFSA and Student Life	2019	Chris Hubbard Jackson & Marvin Tobias	Film: BLACK AMERICA SINCE MLK: AND STILL I RISE (PARTS 3 & 4)
SA, AAFSA and BRIDGE	2019	Robert Jones	Film: “BlackKlansman”
SA, AAFSA and BRIDGE	2019	Robert Jones	Film: “I Am Not Your Negro”
SA and BRIDGE	2019	Robert Jones	Movie: “Iron Jawed Angels” and discussion about a Woman’s Right to Vote
SA, ELI, Global Studies, ISS and BRIDGE	2019	Robert Jones/Martha Kampen	“St. Louis Immigration Stories – Then and Now”
Student Life	2019	Teresa Drury	Depression Screening
Student Life	2019	Teresa Drury	Bead Display
Student Life	2019	Teresa Drury	It’s Real: College Students and Mental Health
Student Life	2019	Teresa Drury	Kinetic Sand Therapy
Student Life	2019	Teresa Drury	Mental Health and Wellness Expo
Student Life	2019	Teresa Drury	Nursing Student Poster Display and Handouts
Student Life	2019	Teresa Drury	QPR Training for Suicide Prevention
Student Life	2019	Teresa Drury	Therapy Dogs
Student Activities	2019	Robert Jones	SCC Speaks Freely About LGBTQ+ Awareness
Theater Department	2019	Samantha Stavely	The Laramie Project
Student Activities	2019	Robert Jones	Coming Out Stories and Advice
Student Activities	2019	Robert Jones	Being an Ally
Student Activities	2019	Robert Jones	Transgender 101

Student Activities	2019	Robert Jones	Intersectionality
Student Activities	2019	Robert Jones	Film: Pride
DSS	2019	Paige George	Disability in Higher Education
DSS	2019	Paige George	Navigating Disability in the Classroom
COL 101	2020	Boyd Copeland	Get Inclusive – online Title IX Training
Human Resources	2020	Martha Kampen	Get Inclusive – online Title IX Training
Student Life	2020	Teresa Drury	Community Resource Fair
Student Life	2020	Teresa Drury	Drug Take Back – cancelled due to COVID
Student Activities	2020	Robert Jones	The rise of human trafficking in today's civil society
Student Activities	2020	Robert Jones	Human trafficking and challenges facing anti-human trafficking professionals
Student Activities	2020	Robert Jones	Labor and sex trafficking – a case study
Student Life	2020	Teresa Drury	Mental Health Screenings – cancelled due to COVID
Student Life	2020	Teresa Drury	Therapy Dogs – cancelled due to COVID
Student Life	2020	Teresa Drury	Stress Management 101 – cancelled due to COVID
Student Life	2020	Teresa Drury	Kinetic Sand Therapy – cancelled due to COVID
Student Life	2020	Teresa Drury	Tuesday Tips: Managing School, Stress and Uncertainty
Student Life	2020	Teresa Drury	Tuesday Tips: Organization and Time Management
Student Life	2020	Teresa Drury	Tuesday Tips: Anxiety and Uncertainty Brought About by COVID
Student Life	2020	Teresa Drury	Tuesday Tips: Test-Anxiety
Student Life	2020	Kelly DeGeare	Tuesday Tips: Alcohol and Consent
Student Life	2020	Teresa Drury	Tuesday Tips: Staying Motivated
Student Life	2020	Teresa Drury	Tuesday Tips: Self-Care
Student Life	2020	Teresa Drury	Tuesday Tips: Test-Anxiety
Student Life	2020	Erin Schnurbusch	SCC Community Resource Spotlight: Apps That Support Mental Health
Student Life	2020	Erin Schnurbusch	SCC Community Resource Spotlight: Resources for Basic Needs (Food, Shelter, Utilities)
Student Life	2020	Erin Schnurbusch	SCC Community Resource Spotlight: Mental Health Resources
Student Life	2020	Erin Schnurbusch	SCC Community Resource Spotlight: Pregnancy Resources

Student Life	2020	Erin Schnurbusch	SCC Community Resource Spotlight: Domestic Violence Resources
Student Life	2020	Erin Schnurbusch	SCC Community Resource Spotlight: Substance Treatment Resources
Student Life	2020	Erin Schnurbusch	SCC Community Resource Spotlight: Resources That Support LGBTQ Individuals
Student Life	2020	Erin Schnurbusch	SCC Community Resource Spotlight: Resources for Basic Needs (Food, Shelter and Utilities)
Student Life	2020	Erin Schnurbusch	SCC Resource Spotlight: Crisis Resources

## Drug and Alcohol Report

### ***Student Handbook***

<https://www.stchas.edu/academics/college-catalog/student-handbook>

St. Charles Community College is a drug-free institution and operates within the guidelines as set forth in the Drug-Free Schools and Communities Act Amendments of 1989, the Anti-Drug Abuse Act of 1988 and the Drug-Free Workplace Act of 1988.

SCC prohibits the unlawful manufacture, possession, use or distribution of drugs on the campus, college sites, client sites or at any College-sponsored event. The possession, use or distribution of alcoholic beverages on campus, College sites, client sites, instructional activities and at college-sponsored events is prohibited unless specifically approved by the president.

When alcohol use is approved by the President, all faculty, staff, students and visitors are expected to observe and obey Missouri State Liquor Control Law (Sec. 311.325 RSMo) stating that any person under the age of 21 cannot purchase, attempt to purchase, possess, or be served any intoxicating beverage.

The use of alcoholic beverages at a campus event shall be subject to approval and supervision by the College. Requests for the President's approval must be made at least 60 days prior to the date of the event. After approval is granted by the College President, notification shall be given to the Vice-President for Administrative Services and the Executive Director of Public Safety and Facilities that alcohol will be present at an event.

The organizer of the event is responsible for obtaining all applicable government liquor licenses. The event organizer will pay the cost of all such licenses.

There is no intent to encourage the use of alcoholic beverages or to force its consumption upon those who object to the use of alcohol on moral, ethical or religious grounds. This policy is designed to promote legal and responsible behavior regarding alcohol use.

Violation of this policy may result in disciplinary action, including dismissal.

See SCC board policy <https://www.stchas.edu/about-scc/administration/board-policies/414-Drug->

[Free-Environment-for-Students](#) and <https://www.stchas.edu/about-scc/administration/board-policies/447-Drug-Screening---Required-for-Designated-Sites> for additional information.

SCC provides various drug and alcohol prevention activities and programs throughout the semester. For additional resources, see <https://www.stchas.edu/student-life/student-services/mental-health-services/> and <https://www.stchas.edu/about-scc/healthy-campus>.

### ***Student Conduct, Discipline and Due Process***

<https://www.stchas.edu/about-scc/administration/board-policies/410-Student-Conduct-Discipline-and-Due-Process>

Upon admission to the college or program, students assume an obligation to conduct themselves in a manner compatible with the college's function as an educational institution and to comply with the laws enacted by federal, state and local governments. If this obligation is ignored, the college must institute appropriate discipline. Students may be subject to disciplinary sanctions for conduct that constitutes a hazard to the health, safety or well-being of members of the college community or which is detrimental to the college's interest whether such conduct occurs on campus, off campus or at college-sponsored events.

SCC will cooperate fully with law enforcement and other agencies. SCC reserves the right to initiate disciplinary proceedings for violations of the Student Conduct Code, even if criminal charges are brought forward by the appropriate authorities. Disciplinary actions by SCC are independent of any criminal or civil proceedings.

The distinct procedures for handling violations of academic integrity (Pr-410.0.2), grade grievances (Pr-410.0.3), and behavioral misconduct (Pr-410.0.4) are in this policy.

Examples of misconduct related to drug and alcohol use or abuse that may subject the student to discipline are as follows:

- Physical abuse of any person on college-owned or controlled property or at college-authorized activities, threats of violence, or conduct that threatens the health or safety of any person(s)
- Actions on college-owned or controlled property or at college-authorized activities, which threaten or endanger one's own safety, health, or life, or making any verbal threat of such action. This includes such behaviors as suicide attempts, cutting, or refusing treatment for life-threatening illnesses or conditions
- Engaging in discrimination, harassment, sexual harassment or sexual violence ([P-434.0](#))
- Manufacture, use, possession, distribution, dispensing, or sale of alcohol, controlled substances, illegal drugs or substances, except as expressly permitted by law and college policy ([P-414](#))
- Misuse or abuse of prescription drugs on college-owned or controlled property or at college-authorized activities
- Use of tobacco products on campus ([P-414](#))
- Possession, use, or storage of firearms, explosives, dangerous chemicals, weapons, or other destructive devices on college property, college-controlled property, or at college-authorized activities, including possession of a firearm by a student who holds a conceal-and-carry permit or endorsement (P-446).
- Hazing, any method of initiation or pre-initiation into a campus organization, or any activity engaged in by the organization or members of the organization, which causes or is likely to cause physical or mental harm, personal degradation, or disgrace

- Conduct that adversely affects the student's suitability as a member of the academic community
- Violation of college policies or regulations.

### **Health & Disability Services**

- <https://www.stchas.edu/student-life/student-services/disability-support-services>;
- <https://www.stchas.edu/student-life/student-services/mental-health-services/>
- <https://www.stchas.edu/student-life/student-services/mental-health-counseling/case-management-services>

### **Student Handbook**

- <https://www.stchas.edu/academics/college-catalog/student-handbook>

## **Athletics Department - Alcohol, Tobacco, and Drug Policy**

### ***Smoke-Free/Drug-Free Environment***

As of January 1, 2007, use of tobacco products has been prohibited on all College property. Tobacco products include, but are not limited to cigarettes, cigars, pipes and smokeless tobacco.

Students and visitors who persist in violation of the policy will be required to meet with the public safety supervisor. The public safety supervisor may discuss the policy, issue a warning, a fine, or require the violator to attend a workshop sponsored on campus, or a combination thereof.

Students who repeatedly violate the policy may be referred to the executive dean of student life, and may be disciplined under the student code of conduct as appropriate.

St. Charles Community College provides a drug-free campus and work place and operates within the guidelines as set forth in the Drug-Free Schools and Communities Act Amendments of 1989 and the Anti-Drug Abuse Act of 1988.

The sale, possession or consumption of alcoholic beverages and/or narcotics, hallucinogens, stimulants and marijuana are specifically prohibited. Violations will be reported to the proper law enforcement officials for prosecution. No one under the influence of alcohol or other drugs will be allowed to attend class or to remain on campus.

No alcoholic beverages are to be served or consumed at any on-campus or off-campus college-sponsored function. This includes club, departmental, athletic and class activities such as meetings, field trips, picnics, parties and similar activities. No college funds will be authorized for the purchase of alcoholic beverages.

### ***Conduct Clause***

Students participating in NJCAA-sanctioned sports are ambassadors of St. Charles Community College and are expected to accept appropriate responsibility for their behaviors. Students are expected to conduct themselves in a manner compatible with the educational purposes of the college. If a student fails to do so, the College will institute appropriate disciplinary action, which may include dismissal.

Specifically, students are expected to comply with federal, state and local laws concerning activities prohibited on forgery, gambling, immoral conduct, libel, theft, use and sale of alcoholic beverages and

other illegal drugs, and vandalism are prohibited while on college property or at a College- sponsored event. SCC adheres to the regulations stated in the NJCAA handbook.

### ***Alcohol/Drugs***

The use of alcohol/drugs at any NJCAA-sponsored event is prohibited. Any game official having reasonable cause to believe a student athlete, coach, team official, or other individual participating in an athletic event is using or is sufficiently impaired so as to endanger that individual or other individuals participating in said event by virtue of injury, use of alcohol, or drugs (including but not limited to performance enhancing or painkilling drugs) may remove or disqualify said individual from further participation in the sporting event by the following procedure.

#### ***Penalty for Alcohol/Drug Use at NJCAA Events:***

1. The game official shall immediately notify the impaired individual and the impaired individual's coach, team captain or other school representative that the official has reasonable cause to believe that said individual is impaired to the extent of being a danger to the individual and/or to other participants and the specific reasons for such belief.
2. The game official may then declare the impaired individual disqualified from further participation or suspend them from participation for such time as the game official believes necessary for the individual to recover from such impairment.
3. In the event, the impaired individual objects to the decision of the game officials, such decision may be immediately referred to the NJCAA representative, athletic director or their designee in charge of the sporting event, and said representative or other person-in-charge shall make the final determination as to the individual's impairment or lack thereof and the decision of the NJCAA representative, athletic director, or other person-in-charge shall be final and binding with regard to any disqualification, suspension or overruling, of the game official.
4. Nothing shall, however, prevent the impaired individual or such individual's school from subsequently requesting review of the game official's decision to the NJCAA Executive Committee. Said Executive Committee may review the decision of the game official and take such appropriate action as may be justified and fair to all parties.

### ***Tobacco***

The use of tobacco products shall be prohibited in all practices and athletic events conducted under the auspices of the NJCAA and its member institutions. This rule shall apply equally to all student-athletes, coaches, authorized team personnel and other individuals participating in an athletic event.

#### ***Penalty for Use of Tobacco Products at NJCAA Events:***

1. The event official shall immediately notify said individual(s) observed using any form of tobacco product of the aforementioned violation and shall enforce an immediate event disqualification and/or additional penalties prescribed by the national rules governing the sport.

Note: A coach serving a game suspension for any reason shall be restricted to the designated spectator areas and is prohibited from any contact, direct or indirect, with his or her team, assistant coaches and/or bench personnel, before, during, and immediately after the game.

### ***Disciplinary Action***

1. Violations of the Code of Conduct for national events need to be referred to the National Office of the NJCAA.
2. The NJCAA Executive Committee shall act as the Board of Appeal. If the decision of the Executive

Committee is challenged, such challenges, must be resolved by submission of the issue or issues in question to binding arbitration to the rules and procedures of the American Arbitration Association and as more fully set out in Article V of the NJCAA By- Laws.

3. The NJCAA Executive Committee's decision does not prevent or assume other disciplinary action by the violator's college or law enforcement agencies.
4. No other appeal procedures are authorized.
5. All other disciplinary action or problems not involving national events, contests or tournaments, and not provided for in the NJCAA Handbook and Casebook shall be referred to the appropriate regional director and/or conference administrator for decision.

### ***Substance Abuse Policy***

The use of alcohol, drugs and tobacco products shall be prohibited at all athletic practices and any NJCAA sponsored event.

### ***Reporting Policy***

Any incident thought to involve substance abuse shall be reported to the athletic director, executive dean of student life, vice president for marketing and student life, and the president of the college. Investigative procedures will follow to determine the validity of the reported incident. The director of public safety will be notified. The College reserves the right to notify law enforcement officials, as appropriate. If evidence warrants drug screening, the student-athlete will be required to have a drug test. The College retains the right to remove the athlete from athletic participation while allegations are under investigation.

All information concerning a confirmed incident will be reported to the NJCAA office and will become a part of the student-athlete's disciplinary records. Disciplinary procedures will follow the investigation if appropriate.

### ***Substance Abuse Policy***

1. Student-athletes are prohibited from possessing, using, buying, selling, or participating in the distribution of illicit drugs.
2. Student-athletes are prohibited from misuse or distribution of prescription or over-the-counter drugs.
3. Student-athletes under the age of 21 are prohibited from the consumption of alcohol as in accordance with the law.
4. Student-athletes over the age of 21 are prohibited from the consumption of alcohol on campus, at college events and in student athlete living quarters.
5. Student-athletes are prohibited from the misuse of tobacco products.
6. Student-athletes will not engage in the advertising of illicit drugs, alcohol products and tobacco products. This includes the wearing the clothing with any of these logos present.
7. Student-athletes will submit to drug screening at random or upon reasonable suspicion of substance abuse.

### ***Disciplinary Procedures***

The following penalties will take place for violations of the substance abuse policy:

1. Violation of items # 1 and # 2 will be handled on a case-by-case basis. The student athlete may risk forfeiture of scholarship. The student-athlete may also risk other penalties up to and including expulsion from this institution. Duration of suspension and possible reinstatement to

the team are at the discretion of the athletic director with the approval of the vice president for marketing and student life.

2. Violation of item #3: First offense, whereas the student athlete is arrested or ticketed for DUI, public disorder, or any incident involving the police will result in an automatic one game suspension from the team. Second offense, automatic suspension from the team and may result in forfeiture of scholarship. Any reinstatement is at the discretion of the athletic director with the approval of the vice president for marketing and student life.
3. Violation of item #4: First offense of consumption of alcohol at campus events or on campus will result in a team suspension. Further offenses will result in more severe penalties to include removal from the team and forfeiture of scholarship.
4. Violation of items #5 and #6: First offense will result in a one game suspension. Second offense will result in a two game suspension. Continued violations will result in a team suspension and possible forfeiture of scholarship.
5. Violations of item #7 will be handled on a case-by-case basis.

Student athletes are subject to the Student Code of Conduct for actions as they result in violation of the Code, publicized annually in the Student Handbook. The College reserves the right to provide information on incidents to parents.

The Acknowledgement of Receipt of the Athletic Department Athletic Handbook is presented to each athlete stating they understand that the college is contingent upon compliance with the Athletic Department and the Substance Abuse policies. Refusal to conform to the requirements stated herein may result in action up to and including expulsion from the athletic program. It is the responsibility of each athlete to become familiar with the policies and procedures of the Athletic Department.

## Community Resources

Resources for Treatment of Substance Abuse:

- Alcoholics Anonymous – (800) 344-2666  
<http://www.aa.org/>
- Substance Abuse and Mental Health Services Administration (SAMSHA) – (800) 622-HELP National Helpline  
<https://www.samhsa.gov/>
- National Council on Alcoholism & Drug Abuse (NCADA)  
<http://ncada-stl.org/>  
314-962-3456

## Employee Drug-Free Workplace

In compliance with the Drug-Free Workplace Act of 1988, the College prohibits the unlawful manufacture, possession, use, or distribution of drugs by employees on campus, college sites, client sites, or at any college-sponsored event. The possession, use or distribution of alcoholic beverages by employees on campus, college sites, client sites, and at college-sponsored events is prohibited unless specifically approved by the President. The College prohibits any employee to report to work under the influence of illegal drugs or alcohol. The College will impose disciplinary action on employees ranging from educational and rehabilitation efforts up to and including suspension or termination of employment and possible referral for prosecution for violations. These situations will be handled on a

case-by-case basis.

When alcohol use is approved by the President, all faculty, staff, students and visitors are expected to observe and obey Missouri State Liquor Control Law (Sec. 311.325 RSMo) stating that any person under the age of 21 cannot purchase, attempt to purchase, possess, or be served any intoxicating beverage.

The use of alcoholic beverages at a campus event shall be subject to approval and supervision by the College. Requests for the President's approval must be made at least 60 days prior to the date of the event. After approval is granted by the College President, notification shall be given to the Vice-President for Administrative Services and the Executive Director of Public Safety and Facilities that alcohol will be present at an event.

The organizer of the event is responsible for obtaining all applicable government liquor licenses. The event organizer will pay the cost of all such licenses.

There is no intent to encourage the use of alcoholic beverages or to force its consumption upon those who object to the use of alcohol on moral, ethical or religious grounds. This policy is designed to promote legal and responsible behavior regarding alcohol use.

Employees are encouraged to seek confidential assistance for a drug or alcohol problem. The College offers an Employee Assistance Program (EAP) for employees and their dependents. The EAP provides free confidential assessment, referral, and short-term counseling. If an EAP referral to a treatment provider outside the EAP is necessary, costs may be covered by the employee's medical insurance, but the costs of such outside services are the employee's responsibility. For more information on the EAP, contact the SCC Benefits Advocate Center at 877-342-1936 or email [bac.stchas@aig.com](mailto:bac.stchas@aig.com).

Supervisors should counsel employees whenever they see changes in work performance especially when it suggests an employee is under the influence of alcohol or drugs. The supervisor should suggest that the employee seek confidential assistance through the EAP program without discussing any personal issues but remain focused on observations that are job performance related. Consultants are available through the College's EAP Program to help supervisors make a performance referral. Supervisors may call 888-628-4809.

Should an employee agree to go to the EAP as a result of a supervisory referral, the supervisor may be notified about the employee's attendance at sessions and compliance with the suggested action plan but only with the written consent of the employee. No other information will be disclosed.

Employees must notify their supervisor in writing of any conviction or a violation of a criminal drug statute occurring in the workplace no later than five (5) calendar days after such conviction.

If an employee receives a conviction or violates this policy, the College shall take appropriate disciplinary action against the employee, up to and including termination.

In order to maintain a safe workplace and enforce this policy, the College reserves the right to search and inspect any areas or locations of the campus, and/or any items which are brought on to campus, in cases where the College has a reasonable suspicion that this Drug-Free Workplace Policy has been violated. See <https://www.stchas.edu/about-scc/administration/board-policies/581-Drug-Free-Workplace>

## ***Legal Sanctions/Penalties***

Local, state and federal laws also prohibit the unlawful possession, use, distribution and sale of alcohol and illicit drugs.

### ***Federal Penalties***

Federal law prohibits the manufacturing, distributing, selling and possession of controlled substances as outlined in Title 21 United States Code Controlled Substances Act. Depending on the amounts, first offense maximum penalties for trafficking marijuana range from up to five years to life imprisonment and a fine of up to \$250,000 to \$10 million. Depending on the amounts, first offense maximum penalties for trafficking other controlled substances (heroin, cocaine, cocaine base, PCP, LSD, Fentanyl, fentanyl analogue and methamphetamine) range from five years to life imprisonment and fines range from \$5 to \$10 million.

Conviction for possession of illicit drugs results in 1 to 3 years' imprisonment and a minimum fine of \$1,000, unless the offense involves cocaine base (crack), which may carry mandatory imprisonment for up to 5 to 20 years. Penalties are more severe for subsequent offenses.

For more information see -<https://www.deadiversion.usdoj.gov/21cfr/21usc/index.html> and [https://www.dea.gov/sites/default/files/drug\\_of\\_abuse.pdf#page=30](https://www.dea.gov/sites/default/files/drug_of_abuse.pdf#page=30)

### ***Missouri and St. Charles City and St Louis County Penalties***

State and local law also provide penalties for violations of laws relating to unlawful manufacture, sale, use or possession of controlled substances and alcohol. A complete listing of Missouri substances, how they are placed on the schedule and additional drug information, can be found at:

<http://revisor.mo.gov/main/OneSection.aspx?section=195.017&bid=10018&hl> and <https://library.municode.com/mo>

Missouri drug regulations can be found at: <http://revisor.mo.gov/main/OneChapter.aspx?chapter=579>

St. Charles City drug regulations can be found at: <https://ecode360.com/27707343>

St Louis County drug regulations can be found at:

[https://library.municode.com/mo/st.louis.county/codes/code\\_of\\_ordinances?nodeId=TITVIIPUSAM\\_O\\_CH716PEOFCO\\_716.170DRRO](https://library.municode.com/mo/st.louis.county/codes/code_of_ordinances?nodeId=TITVIIPUSAM_O_CH716PEOFCO_716.170DRRO)

## **Health Risks**

Substance abuse may result in a wide array of serious health and behavioral problems. Substance abuse has both long and short-term effects on the body and the mind. Alcohol and drugs are toxic to the human body. In addition to the problem of toxicity, contaminant poisonings often occur with illegal drug use. HIV infection with intravenous drug use is a prevalent hazard.

Acute health problems may include heart attack, stroke, and sudden death, which can occur for first time cocaine users. Long lasting effects caused by drug and alcohol abuse can cause problems such as disruption of normal heart rhythm, high blood pressure, leaks of blood vessels in the brain, bleeding and destruction of brain cells, possible memory loss, infertility, impotency, immune system impairment, kidney failure, cirrhosis of the liver, and pulmonary damage. Drug use during pregnancy may result in

fetal damage and birth defects causing hyperactivity, neurological abnormalities, and developmental difficulties.

**More information on health risks and withdrawal symptoms can be found at:**

[https://d14rmgtrwzf5a.cloudfront.net/sites/default/files/nida\\_commonlyabused\\_withdrawalsymptoms\\_10062017-508-1.pdf](https://d14rmgtrwzf5a.cloudfront.net/sites/default/files/nida_commonlyabused_withdrawalsymptoms_10062017-508-1.pdf)

<https://www.drugabuse.gov/drug-topics/commonly-used-drugs-charts#top>

## Treatment Programs

A licensed therapist is available to assist all current SCC credit students. If a student has any personal issues that are interfering with their success, the therapist is available to help them. Students may call 636-922-8536 to make an appointment. Students can also e-mail the counselor at [studentlife@stchas.edu](mailto:studentlife@stchas.edu) to learn more. Appointments will be seen in ADM 1123.

Confidentiality is always a priority in a counseling situation and is a key to the success of the experience. As a client, they can trust that their privacy will be protected. SCC also has the Office of Student Life to assist and support students who are referred by faculty or staff regarding concerns that may include drug and alcohol intervention for students: <http://publicdocs.maxient.com/incidentreport.php?StCharlesCC>

The Office of Student Life can be reached by calling 636-922-8536 or by completing SCC's Student of Concern form. The report link on the SCC website is:

Treatment for employees of SCC are provided through an Employee Assistance Program (EAP) with free confidential counseling and education programs:

<https://www.guidanceresources.com/groWeb/login/login.xhtml> (effective beginning 1/1/17)

**ComPsych® Guidance Resources® program** offer someone to talk to and resources to consult whenever and wherever you need them.

[https://myscc.stchas.edu/facstaff/departments/humanresources/Pages/Employee-Assistance-Program-\(EAP\).aspx](https://myscc.stchas.edu/facstaff/departments/humanresources/Pages/Employee-Assistance-Program-(EAP).aspx)

Call: 888-628-4809

TDD: 800.697.0353

Your toll-free number gives you direct, 24/7 access to a GuidanceConsultant, who will answer your questions and, if needed, refer you to a counselor or other resources.

Online: [guidanceresources.com](http://guidanceresources.com)

App: GuidanceResources® Now

Log on today to connect directly with a GuidanceConsultant about your issue or to consult articles, podcasts, videos and other helpful tools.

## Confidential Counseling

Our highly trained clinicians will listen to your concerns and help you or your family members with any issues, including:

- Anxiety, depression, stress
- Grief and loss
- Relationship/marital conflicts

## **Work-Life Solutions**

Our specialists provide qualified referrals and resources for just about anything on your to-do list, such as:

- Finding child and elder care
- Hiring movers or home repair contractors
- Planning events

## **Legal Support and Resources**

Expert advice when you need it:

- Divorce, family law,
- Adoption

## **Financial Information and Resources**

Discover your best options:

- Retirement planning
- Taxes
- Budgeting, debt

## **GuidanceResources Online**

Knowledge at your fingertips

- Articles, podcasts, videos
- Online wellness tools
- “Ask the Expert” personal responses to your questions

<https://myscc.stchas.edu/facstaff/departments/humanresources/Documents/ComPsych%20EAPServicesOverview.pdf>

<http://www.stchas.edu/about-scc/board-policies/500/581.0-DrugFreeWorkplace.html>

<http://www.stchas.edu/about-scc/board-policies/500/581.1-TransportationSafety.html>

<http://www.stchas.edu/about-scc/board-policies/500/582.1-ProhibitionOfTobacco.html>

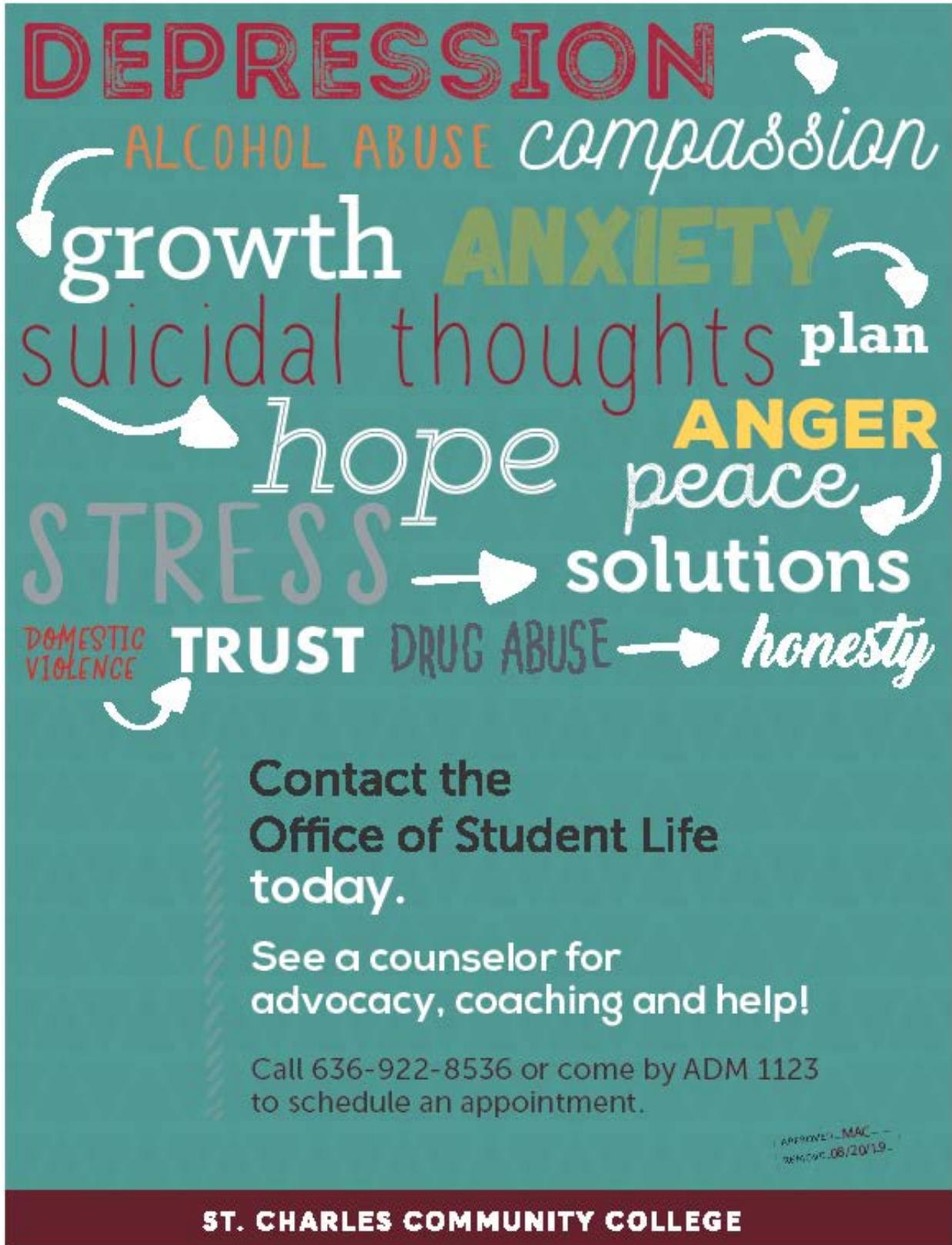
<http://www.stchas.edu/about-scc/board-policies/500/547.0-DrugScreening.html>

<http://www.stchas.edu/about-scc/board-policies/500/502.1-EmployeeBackgroundChecks.html>

<http://www.stchas.edu/about-scc/board-policies/700/793.0-DisciplinaryActions.html>

Appendix

i. Mental Health Flyer - 2018



A flyer with a teal background and a dark red footer. The text is arranged in a word cloud style with various fonts and colors. Words include: DEPRESSION (red, outlined), ALCOHOL ABUSE (orange), compassion (white, cursive), growth (white), ANXIETY (green), suicidal thoughts (red), plan (white), hope (white, cursive), ANGER (yellow), peace (white, cursive), STRESS (grey), solutions (white), DOMESTIC VIOLENCE (red, small), TRUST (white), DRUG ABUSE (dark blue), honesty (white, cursive). White arrows connect the words. The bottom section contains contact information for the Office of Student Life.

**Contact the  
Office of Student Life  
today.**

See a counselor for  
advocacy, coaching and help!

Call 636-922-8536 or come by ADM 1123  
to schedule an appointment.

APPROVED - MAC -  
REMOVED 06/20/19 -

**ST. CHARLES COMMUNITY COLLEGE**

## ii. Counseling Services

# PERSONAL COUNSELING & SUPPORT CENTER

### Mental Health Counseling at SCC

- Free of charge
- Confidential
- Short-term & solution-focused
- 45 minutes per session

### Case Management at SCC

- Support for any obstacle
- Student services and resources
- Assistance available on or off Campus

For more information or to make an appointment, call:  
636 922 8536

Administration Building  
Room 1121  
4601 Mid Rivers Mall Dr.  
Cottleville, MO 63376

[stchas.edu/mentalhealth](http://stchas.edu/mentalhealth)  
f @SCCperson&counseling

ST. CHARLES COMMUNITY COLLEGE

## 7 ways to ease your anxious mind

- 1 Slow Down**  
At the first sign of things speeding up – thoughts racing, heart pounding, breathing accelerating move a – little slower.
- 2 Come to Your Senses**  
Take a few moments to connect with your five senses to bring you back to the moment.
- 3 Do a Reality Check**  
Ask yourself, "Is this thought absolutely true?" Chances are your worst fears are just that – fears.
- 4 Release the Critic**  
Interrupt the self-critic by dropping in to your heart and saying, "May I learn to be kinder to myself?"
- 5 Lie Down & Look Up**  
Look up at the sky and watch the clouds for a natural experience of mindfulness.
- 6 Listen**  
As an experiment, take the day and set an intention to listen to the sounds of leaves in the wind, kids playing, or someone speaking to you.
- 7 Know Your Triggers**  
What makes you anxious? If you know your triggers you can prepare soothing practices better.

### iii. Employee Assistance Program

## Contact Us... Anytime, Anywhere

No-cost, confidential solutions to life's challenges.



#### Confidential Emotional Support

Our highly trained clinicians will listen to your concerns and help you or your family members with any issues, including:

- Anxiety, depression, stress
- Grief, loss and life adjustments
- Relationship/marital conflicts



#### Work-Life Solutions

Our specialists provide qualified referrals and resources for just about anything on your to-do list, such as:

- Finding child and elder care
- Hiring movers or home repair contractors
- Planning events, locating pet care



#### Legal Guidance

Talk to our attorneys for practical assistance with your most pressing legal issues, including:

- Divorce, adoption, family law, wills, trusts and more
- Need representation? Get a free 30-minute consultation and a 25% reduction in fees.



#### Financial Resources

Our financial experts can assist with a wide range of issues. Talk to us about:

- Retirement planning, taxes
- Relocation, mortgages, insurance
- Budgeting, debt, bankruptcy and more



#### Online Support

GuidanceResources® Online is your 24/7 link to vital information, tools and support. Log on for:

- Articles, podcasts, videos, eBooks
- On-demand trainings
- "Ask the Expert" personal responses to your questions

Your ComPsych® GuidanceResources® program offers someone to talk to and resources to consult whenever and wherever you need them.

Call: 888-628-4809

TDD: 800.697.0353

Your toll-free number gives you direct, 24/7 access to a GuidanceConsultant™, who will answer your questions and, if needed, refer you to a counselor or other resources.

Online: [guidanceresources.com](https://guidanceresources.com)

App: GuidanceResources® Now

Web ID: GALLAGHER

Log on today to connect directly with a GuidanceConsultant about your issue or to consult articles, podcasts, videos and other helpful tools.

## 24/7 Support, Resources & Information

#### Contact Your GuidanceResources® Program

Call: 888-628-4809

TDD: 800.697.0353

Online: [guidanceresources.com](https://guidanceresources.com)

App: GuidanceResources® Now

Web ID: GALLAGHER

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iv. Sanvello

**1 Daily Mood Tracking**

The first step in the Sanvello journey is a simple daily question that allows you to capture your current mood and self-assess progress.



**Sanvello** is an evidence-based, mobile care solution designed to relieve the symptoms of stress, anxiety, and depression, anytime—because symptoms often appear when least expected.

Created by clinical experts, Sanvello uses clinically validated techniques such as cognitive behavioral therapy and meditation. These powerful tools are designed to work together to help you feel happier over time.

Escape to Sanvello whenever you need to, and stay until you feel better.

**SANVELLO.** | **ST CHARLES COMMUNITY COLLEGE**

**2 Guided Journeys**

Designed by clinical experts and psychologists, Sanvello Guided Journeys are engaging experiences that put the power of cognitive behavioral therapy to work for you. Each journey is progressive, helping you feel better and more in control over time.

**3 Tools**

Sanvello offers quick access to coping solutions for symptom management right when you need them most. A wide variety ensures you'll always find what you need: a moment to relax, meditate, practice mindfulness, or manage stressful situations such as public speaking, grief, or morning dread.

**4 Assessments**

Without labels or judgment, Sanvello assessments are professional, third-party evaluations to help you understand your progress. Assessments and tracking progress are a critical part of a path to feeling better.

**5 Community**

You are not alone. One of the most powerful features of Sanvello is our peer support community. This vibrant community consists of discussion and chat groups where anonymous users find inspiration, share thoughts and ideas, and most of all, support each other.




On-demand help for stress, anxiety, and depression.

For free Premium access, download Sanvello and sign up with your SCC email address (@my.stchas.edu).

**SANVELLO.** | **ST CHARLES COMMUNITY COLLEGE**



Find relief when you need it:  
[sanvello.com](http://sanvello.com)

v. META



**Life is hard.  
Make it easier with META.**

**Counseling when and how you want** — META delivers confidential video, phone, and chat counseling services

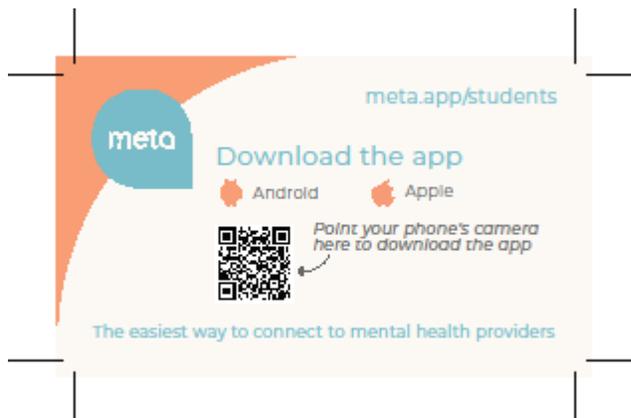
**No cost to you** — Connect with a META provider of your choice for up to three free sessions

**Students can download the app for free** — Please include St Charles Community College as your institution during sign up

**Need help?** — Reach out to us at [833.844-META](tel:833.844-META) or [support@meta.app](mailto:support@meta.app)



*This message was sent by:*  
META  
1100 W. Lake Cook Road



# DRUG AND ALCOHOL AWARENESS

**9/24-28** **Get the facts.**

**SEPT. 24**  
1-3 p.m. : CHL  
**STEP UPI TRAINING**  
RSVP to [studentlife@stchas.edu](mailto:studentlife@stchas.edu)

**SEPT. 26**  
10 a.m.-1 p.m. : SSB Lounge  
Enjoy mocktails, put on drunk goggles and try to walk a straight line. Check out the poster displays by the PSY and nursing students.

**SEPT. 27**  
10 a.m.-1 p.m. : SSB Lounge  
Enjoy mocktails, put on drunk goggles and try to walk a straight line. Check out the poster displays by the PSY and nursing students.

**SEPT. 27**  
7 p.m. : SSB Auditorium  
**RICK ANKIEL**  
An evening with Rick Ankiel, NY Times best selling author of "The Phenomenon." Book signing to follow with books purchased that evening. No additional autographs available that evening.

**ALL WEEK**  
(9/24-9/28)  
Stop by and check out the wrecked car parked outside of the College center!

**SPONSORED BY**  
CRJ  
Human Services  
The Nursing Department  
Psychology Department,  
Student Activities  
and Student Life

**ST. CHARLES COMMUNITY COLLEGE**

MAC  
9/20/18

For more information, email Teresa Drury at [tdrury@stchas.edu](mailto:tdrury@stchas.edu).  
St. Charles Community College strives to provide reasonable accommodations to all people at any SCC-sponsored event. Please contact Disability Support Services at [dis@stchas.edu](mailto:dis@stchas.edu) or 636-923-8581 as early as possible to discuss your needs.

DRUG AND ALCOHOL AWARENESS WEEK PRESENTS

AN EVENING WITH

# RICK ANKIEL



DISCUSSING HIS  
LATEST *NEW YORK TIMES*  
BEST-SELLER

**THE PHENOMENON**



**7 P.M. • SEPT. 27 • SSB AUDITORIUM**

COPIES OF THE BOOK "THE PHENOMENON" WILL BE AVAILABLE FOR PURCHASE THE EVENING OF THE EVENT. ONLY BOOKS PURCHASED THAT EVENING WILL BE SIGNED.



For more information, email Teresa Drury at [tdrury@stchas.edu](mailto:tdrury@stchas.edu).  
St. Charles Community College strives to provide reasonable accommodations to all people at any SCC-sponsored event.  
Please contact Disability Support Services at [dss@stchas.edu](mailto:dss@stchas.edu) or 636-922-8581 as early as possible to discuss your needs.  
Sponsored by the human services department, the criminal justice department, the nursing department,  
the psychology department, student activities, student life and the bookstore.

# DRUG AND ALCOHOL AWARENESS

**9/23-26** **Get the facts.**

**SEPT. 24**  
10 a.m.-1 p.m. : SSB Lounge  
Enjoy mocktails, put on drunk goggles and try to walk a straight line. Check out the poster displays by the PSY.

**SEPT. 25**  
10 a.m. : SSB Auditorium  
Brandon Costerison Of NCADA  
"The Opioid Crisis and it Roots in Brain Science" – This presentation will look at the ongoing opioid crisis through a public health lens. Discussion on addiction as a brain disease and concrete steps we can take to save lives.

**SEPT. 25**  
11:30 a.m.-1 p.m. : SSB Lounge  
Enjoy mocktails, put on drunk goggles and try to walk a straight line. Check out the poster displays by the PSY.

**SEPT. 26**  
1 p.m. : SSB Auditorium  
Sergio Chapman, CEO of The Avairy Recovery Center  
"The Disease of Addiction" - Not everyone accepts addiction as a disease, but there is some generalized consensus among specialists that this is a primary, chronic, progressive, and often deadly disease and requires our society's attention.

**ALL WEEK**  
(9/23-9/26)  
Poster displays by Nursing students at CHL. Nursing students will be at the poster display on Wednesday 9/25/19 from 10:30 am – 12:30 pm.

**SPONSORED BY**  
The Nursing Department  
Psychology Department,  
Student Activities  
and Student Life

**ST. CHARLES COMMUNITY COLLEGE**

SPONSORED BY MAC 9/28/19

\*National Council on Alcoholism & Drug Abuse – NCADA works to reduce or prevent the harms of alcohol and other drug use through education, intervention and advocacy.

\*The Avairy Recovery Center – An addiction recovery center that offers detoxification, residential treatment, a family weekend curriculum and outpatient programs.

For more information, email Teresa Drury at [tdrury@stchas.edu](mailto:tdrury@stchas.edu).

St. Charles Community College strives to provide reasonable accommodations to all people at any SCC-sponsored event. Please contact Disability Support Services at [dis@stchas.edu](mailto:dis@stchas.edu) or 636-023-8581 as early as possible to discuss your needs.



# DRUG AND ALCOHOL AWARENESS WEEK

**OCT. 5 – 8**

## SCC COMMUNITY RESOURCE "SPOTLIGHT"

OCT. 5TH

This program is designed to promote, introduce, and connect students to external community resources to support success of SCC students. This week, we will focus on resources providing substance dependence treatment in the community. *These resources can be accessed by visiting the SCC Student Portal.*

## OVERCOMING ALCOHOL, DRUGS, & ADDICTION – JOSEPH GREEN

7:00PM – 8:00 PM OCT. 5TH

Green is a motivational speaker, educational consultant, poet, and former Director of Youth Programs at Split This Rock, a Washington D.C. based organization that harnesses the power of poetry for social change. He's also a professional spoken word artist and storyteller. Before Joseph Green became a motivational speaker, before he was winning awards for his poetry, before he was a respected member of the recovery community, he was an alcoholic and avid cocaine user. By the age of 28, he had hit rock bottom and knew that he had to get help. He reached out to his father and with the support of his family and friends, he was able to find recovery. Mr. Green will draw upon his recovery journey and other facets of his life to shape compelling narratives to inspire and help others. *Zoom links can be found in the SCC portal.*

## TUESDAY TIPS (ALCOHOL AND SEXUAL CONSENT) – MIKE WOOD, LINCOLN COUNTY PROSECUTING ATTORNEY

10:00AM – 11:00AM OCT. 6TH

Mr. Wood will provide the legal definition of sexual consent and how alcohol or other drugs interfere with giving/receiving consent. He will also provide statistics about sexual assault and real-life examples of working on cases regarding drugs and alcohol and sexual consent. Students will be given time at the end to ask questions. *Zoom links can be found in the SCC portal.*

## ADDICTION 101 – DISEASE MODEL & OPIATE EPIDEMIC – THE AVIARY

1:00PM – 2:00PM OCT. 8TH

In this presentation, we'll explore the disease model of addiction and simple ways of understanding the pathology of addiction. We will utilize the current opiate epidemic as a case study for illustration of the powerful nature of addiction and the efforts to offer assistance and hope for recovery. We'll also explore the concepts of 'Sober Curious' and how this movement can assist in recovery efforts prior to experiencing negative consequences of addiction. *Zoom links can be found in the SCC portal.*



Questions? Contact **Erin Schnurbusch** at 636-922-8653 or [eschnurbusch@stchas.edu](mailto:eschnurbusch@stchas.edu).

**ST. CHARLES COMMUNITY COLLEGE**

x. **Treatment and Recovery Centers**




**ADDITION TREATMENT CENTER**



*Hope  
for a bright future*

Providing comprehensive treatment for Alcoholism, Drug Addiction and Mental Health Issues



**Offering a Comprehensive Continuum of Care**  
 DETOXIFICATION • RESIDENTIAL • MENTAL HEALTH ISSUES  
 PARTIAL HOSPITALIZATION • INTENSIVE OUTPATIENT • FAMILY SERVICES  
 AFTERCARE • MEDICATION-ASSISTED RECOVERY

[www.CenterPointeHospital.com](http://www.CenterPointeHospital.com)



**THE AVIARY  
RECOVERY CENTER**

888.900.1293 | [AVIARYRECOVERYCENTER.COM](http://AVIARYRECOVERYCENTER.COM)

The Aviary Recovery Center is the place where you can start your journey to recovery on a path designed for you. Using individualized treatment plans and a strong family component, our doctorate and masters level therapists oversee the process that guides you through a full continuum of care that may include detox / stabilization, residential treatment, day treatment, or intensive out-patient treatment to assist in building a strong foundation for long term recovery.



xi. *Mental Health and Wellness Week – 2018*

APPROVED: MAC  
Remove: 3/30/18



*Wellness Week*  
**MARCH 26-29**

**MENTAL HEALTH AND  
SUICIDE PREVENTION AWARENESS**

SPONSORED BY: STUDENT LIFE, STUDENT ACTIVITIES,  
SCC FOUNDATION, NURSING DEPARTMENT & PSYCHOLOGY DEPARTMENT

**BACKPACK PROJECT**  
ALL DAY MARCH 26-29

Backpacks and yellow flags will line the sidewalks between College Center and SSB representing the 1,100 college students who commit suicide each year.

**BEAD DISPLAY**

ALL DAY MARCH 26-29  
SSB Lounge, ADM lobby and  
Center for Healthy Living

Beads are available for people who have been affected by suicide. Each color of beads represents different loved ones lost to suicide.

**DEPRESSION SCREENING**

11 A.M.-1 P.M. MARCH 26  
Center for Healthy Living  
(formerly One Academy Place)

Depression screening raises awareness while screening people for depression, generalized anxiety disorders, PTSD and mood disorders, enabling individuals to identify warning signs and connect with the appropriate treatment resources.

**THERAPY DOGS**

10 A.M.-1 P.M. MARCH 26  
Center for Healthy Living  
10 A.M.-1 P.M. MARCH 29  
SSB Lounge

**DOCUMENTARY: "ANGST –  
ANXIETY DISORDERS ARE REAL,  
COMMON AND TREATABLE ...  
LET'S TALK ABOUT IT"**

11 A.M. + 5:30 P.M. MARCH 26  
Center for Healthy Living

1 P.M. MARCH 26 + 10 A.M. MARCH 27  
6:30 P.M. MARCH 28

SSB Auditorium

*Angst* is a film and virtual reality experience that explores anxiety, its causes, effects and what we can do about it. [angstmovie.com](http://angstmovie.com)

**MINDFULNESS EXERCISES**

11:30 A.M. AND 2:30 P.M. MARCH 27  
College Center, Room 201

Check your stress at the door. Experience the calming effects of mindfulness exercises during a 30 minute class.

**MENTAL HEALTH AND  
WELLNESS EXPO**

10 A.M.-1 P.M. MARCH 28  
SSB Auditorium

Local organizers and treatment specialists will be on hand to provide information and offer support and guidance.

**NURSING STUDENT  
PRESENTATIONS**

11:30 A.M.-12:30 P.M. MARCH 28  
SSB 1102

SCC nursing students will be doing short presentations on mental health-related topics.

**NURSING STUDENT POSTER  
DISPLAY AND HANDOUTS**

10:30 A.M.-1 P.M. MARCH 28  
SSB Auditorium



*Teresa Drury*  
636-922-8536  
TDRURY@STCHAS.EDU

St. Charles Community College strives to provide reasonable accommodations to all people at any SCC-sponsored event. Please contact Disability Support Services at [ds@stchas.edu](mailto:ds@stchas.edu) or 636-922-8581 as early as possible to discuss your needs.

**ST. CHARLES COMMUNITY COLLEGE**

**xii. Mental Health and Wellness Week – 2019**

APPROVED: MAC  
Remove: 03/29/2019



**Mental Health  
and  
Wellness Week  
MARCH 25-28**

**MENTAL HEALTH AND  
SUICIDE PREVENTION AWARENESS**

SPONSORED BY: STUDENT LIFE, STUDENT ACTIVITIES,  
NURSING DEPARTMENT & PSYCHOLOGY DEPARTMENT

**BEAD DISPLAY  
ALL DAY MARCH 25-28**  
SSB Lounge

Beads are available for people who have been affected by suicide. Each color of beads represents different loved ones lost to suicide (friend, parent, child, spouse, partner, sibling, etc)

**DEPRESSION SCREENING  
11:30 A.M.- 12:30 P.M. MARCH 25**  
SSB Lounge

The Personal Counseling and Support Center is providing free screenings for depression, generalized anxiety disorders, PTSD and mood disorders, which allows individuals to identify warning signs and connect with the appropriate treatment resources. Like many physical illnesses, early recognition and treatment offers the best opportunity for recovery from mental illness.

**IT'S REAL: COLLEGE STUDENTS  
AND MENTAL HEALTH  
10 A.M. and 1 P.M. MARCH 25**  
SSB Auditorium

It's Real: College Students and Mental Health is a documentary featuring the stories of six college

students from across the country. The film reveals depression and other mental health conditions as they are commonly experienced by young adults and shows how students can seek help for these conditions and successfully manage them.

**KINETIC SAND THERAPY  
9:30-11:30 A.M. MARCH 26**  
SSB Lounge

Bring the beach to you. There's nothing like the feel of sand through your fingers to make you more relaxed. Come to our kinetic sand display. Make some of your own to go, or create your own sand stress ball.

**MENTAL HEALTH EXPO  
10 A.M.-1 P.M. MARCH 27**  
SSB Auditorium

Meet mental health and wellness service providers from our community at the Mental Health Expo. Local organizations and healthcare specialists will be on hand to provide information and offer support and guidance.

**NURSING STUDENT POSTER  
DISPLAY AND HANDOUTS  
10 A.M.-1 P.M. MARCH 27**  
SSB Auditorium

**QPR TRAINING FOR SUICIDE  
PREVENTION  
10 A.M. MARCH 28**  
SSB 1201

QPR stands for Question, Persuade and Refer; these steps anyone can learn to help prevent suicide. Just like CPR, QPR is an emergency response to someone in crisis and can save lives. Training is open to students/faculty/staff. Reservations required - RSVP to Teresa Drury at [tdrury@schcc.edu](mailto:tdrury@schcc.edu).

**THERAPY DOGS  
10 A.M.-1 P.M. MARCH 28**  
SSB Lounge

Come and de-stress by hanging out with therapy dogs.

St. Charles Community College strives to provide reasonable accommodations to all people at any SCC-sponsored event. Please contact Disability Support Services at [ds@schcc.edu](mailto:ds@schcc.edu) or 636-222-6581 as early as possible to discuss your needs.

 **Teresa Drury**  
636-222-6536  
[tdrury@schcc.edu](mailto:tdrury@schcc.edu)

**ST. CHARLES COMMUNITY COLLEGE**

APPROVED MAC  
REMOVED 3-29-19

# YOU CAN SAVE A LIFE!

## QPR Gatekeeper Training *for* Suicide Prevention

# MARCH 28

10-11 a.m.

DANIEL J. CONOYER SOCIAL SCIENCES  
BUILDING (SSB), ROOM 1201

QPR stands *for* Question, Persuade *and* Refer –  
Three steps anyone can learn to help prevent suicide. Just like CPR,  
QPR is an emergency response to someone in crisis, and it can save  
lives. Training is open to all SCC students and employees.

As a QPR-trained Gatekeeper,  
you will learn to:

- Recognize the warning signs of suicide,
- Offer hope,
- Refer someone to help and save a life.



For more information or to RSVP, contact Teresa Drury  
at 636-922-8536 or [tdrury@stchas.edu](mailto:tdrury@stchas.edu).

**FEB.  
4 & 5**

9:30 A.M. to  
1:30 P.M. in SSB  
Auditorium

APPROVED: MAC  
REMOVE: 02/06/20

**SCC COMMUNITY**

**RESOURCE**

**FAIR**

## Connect with community experts and organizations!

Students will be provided with resources and services on issues such as:

- ▶ Food insecurity
- ▶ Domestic violence
- ▶ Mental health
- ▶ LGBTQ+ issues
- ▶ Homelessness
- ▶ Addiction

THE FIRST 50  
STUDENTS WHO  
VISIT 10 BOOTHS  
EACH DAY WILL WIN  
A FREE T-SHIRT



For more information, contact  
Teresa Drury at 636.922.8536 or  
tdrury@stchas.edu or Boyd Copeland  
at bcopeland@stchas.edu

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xv. **Mental Health and Wellness Week – 2020 (cancelled due to COVID)**

APPROVED: MAC  
REMOVE: 04/03/20

# MENTAL HEALTH AND WELLNESS WEEK

**MARCH 30–APRIL 2**

**SPONSORED BY: STUDENT LIFE  
& STUDENT ACTIVITIES.**

**BEAD DISPLAY**  
ALL DAY MARCH 30 – APRIL 2  
**SSB Lounge**  
Beads are available for people who have been affected by suicide. Each color of beads represent different loved ones lost to suicide (friend, parent, child, spouse, partner, sibling, etc.)

**DRUG TAKE BACK**  
9:30 A.M. – 1:30 P.M. MARCH 30  
**SSB Lounge**  
Bring any unused or expired prescription drugs to the SSB lounge to make sure they're disposed of safely and responsibly.  
*Sponsored by CardinalHealth.*

**MENTAL HEALTH SCREENING**  
10 A.M. – 12 P.M. MARCH 31  
**SSB Lounge**  
The Office of Student Life will be providing free, confidential depression, anxiety and PTSD screenings to promote early detection and treatment of mood disorders. Like many physical illnesses, early recognition and treatment provides the best opportunity for recovery from mental illness.

**THERAPY DOGS**  
9 A.M. – 1 P.M. MARCH 31  
**SSB Lounge**  
Come play with dogs. Feel better instantly.

**COLORING STATION**  
10 A.M. – 12 P.M. MARCH 31  
**SSB Lounge**  
Express your artistic side! Come color with us or pick up some adult coloring pages to take with you for later. Adult coloring pages with inspirational quotes and colored pencils will be provided.

**STRESS MANAGEMENT 101**  
10 A.M. APRIL 1  
**SSB Auditorium**  
Did you know not all stress is bad? Come learn the benefits of stress and how stress can motivate you while learning effective ways to manage stress and prevent burnout.

**THERAPY DOGS**  
9 A.M. – 1 P.M. APRIL 1  
**Dardenne Creek Campus**  
Come play with dogs. Feel better instantly.

**KINETIC SAND THERAPY**  
9:30 A.M. – 11:30 P.M. APRIL 2  
**SSB Lounge**  
Bring the beach to you. There's nothing like the feel of sand through your fingers to make you more relaxed. Make some of your own to go or create your own sand stress ball.

**COLORING STATION**  
9:30 A.M. - 11:30 A.M. APRIL 2  
**SSB Lounge**  
Express your artistic side! Come color with us or pick up some adult coloring pages to take with you for later. Adult coloring pages with inspirational quotes and colored pencils will be provided.

**DRUG TAKE BACK**  
9:30 A.M. – 1:30 P.M. APRIL 2  
**SSB Lounge**  
Bring any unused or expired prescription drugs to the SSB lounge to make sure they're disposed of safely and responsibly.  
*Sponsored by CardinalHealth.*

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**Teresa Drury**  
636-922-8536  
[TDURRY@SCHCC.EDU](mailto:TDURRY@SCHCC.EDU)

**ST. CHARLES COMMUNITY COLLEGE**

Campus-Wide  
**SAFE ZONE  
TRAINING**

Two sessions available:

<b>1-3 P.M.</b>	<b>1-3 P.M.</b>
<b>FEB. 9</b>	<b>APRIL 13</b>
<b>SSB 1102</b>	<b>SSB 1102</b>

**SAFE  
ZONE  
ALLY**

St. Charles Community College

**SCC's Safe Zone Workshop  
for campus community  
members**

Raising awareness and providing support  
and resources for LGBTQ campus  
community members

Educate, support and create a safer campus community  
that is more accepting of gender and sexual diversity.

To RSVP, contact Teresa Drury at 636-922-8536 or email at [tdrury@stchas.edu](mailto:tdrury@stchas.edu).

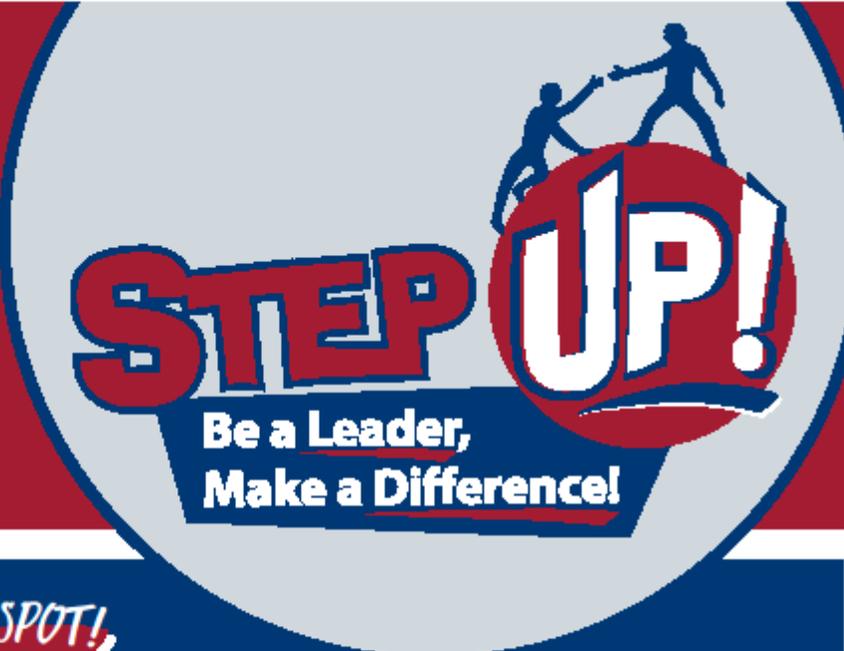
To schedule a Safe Zone Workshop for your group or department, contact Sylvia Edgar, [sedgar@stchas.edu](mailto:sedgar@stchas.edu), 636-922-8654, or Mandi Smith, [asmith@stchas.edu](mailto:asmith@stchas.edu), 636-922-8469.

[stchas.edu/about-scc/employment/title-ix/resources#LGBTQ](http://stchas.edu/about-scc/employment/title-ix/resources#LGBTQ)



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**Be a Leader,  
Make a Difference!**

**RESERVE YOUR SPOT!**

1-3 PM.  
**FRIDAY, OCT. 13**  
SSB 1102

1-3 PM.  
**FRIDAY, MARCH 2, 2018**  
SSB 1102

**BE PROACTIVE IN HELPING OTHERS!**

Step UP! training will prepare students, faculty and staff to identify a situation as a problem and to intervene safely, thereby increasing positive outcomes of bad situations. The goals for participants are:

- Recognize reasons why people may not intervene;
- Develop specific intervention skills;
- Increase motivation and confidence to help;
- Empower participants to act on their values;
- Create a safer, healthier, more caring environment.

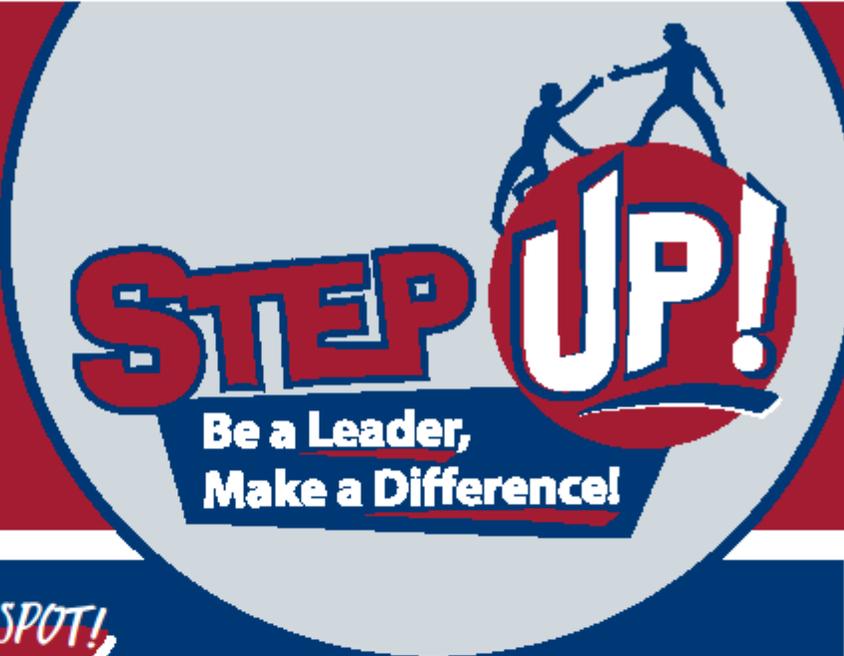
Space is limited. RSVP to Teresa Drury at [tdrury@stchas.edu](mailto:tdrury@stchas.edu) to reserve your spot.

APPROVED: MAC  
REMOVE 03/03/18

Step UP! is a bystander intervention program that educates individuals on how to be proactive in helping others. For more information, contact Teresa Drury at 636-922-8536. or [tdrury@stchas.edu](mailto:tdrury@stchas.edu).

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**ST. CHARLES COMMUNITY COLLEGE**



**STEP UP!**  
**Be a Leader,  
Make a Difference!**

*RESERVE YOUR SPOT!*

1-3 P.M.  
**MONDAY, SEPT. 24**  
CHL 119/128

SPACE IS LIMITED. RSVP TO  
STUDENTLIFE@ST.CHAS.EDU  
TO RESERVE YOUR SPOT.

**BE PROACTIVE IN HELPING OTHERS!**

Step UP! training will prepare students, faculty and staff to identify a situation as a problem and to intervene safely, thereby increasing positive outcomes of bad situations. The goals for participants are:

- Recognize reasons why people may not intervene;
- Develop specific intervention skills;
- Increase motivation and confidence to help;
- Empower participants to act on their values;
- Create a safer, healthier, more caring environment.

APPROVED: MAC  
REMOVE: 09/25/18

Step UP! is a bystander intervention program that educates individuals on how to be proactive in helping others. For more information, contact Teresa Drury at 636-922-8536, or tdrury@stchas.edu.

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**ST. CHARLES COMMUNITY COLLEGE**

A poster for a Pride Week event. At the top, a large black circle contains the text "Celebrate PRIDE DAY" where "PRIDE" is in rainbow colors and "DAY" is in blue. Below this, it says "THURSDAY, OCT. 10" and "SSB AUDITORIUM". In the center, three lines of text read "LEARN FROM DIVERSITY", "CELEBRATE IDENTITY", and "BECOME AN ALLY". At the bottom, there are six event listings arranged in two rows and three columns. The background is a faded image of a crowd.

**Celebrate**  
**PRIDE DAY**  
THURSDAY, OCT. 10  
SSB AUDITORIUM

LEARN FROM DIVERSITY  
CELEBRATE IDENTITY  
BECOME AN ALLY

<b>COMING OUT STORIES &amp; ADVICE</b> 11:30 A.M.-12:45 P.M.	<b>BEING AN ALLY</b> 1-1:30 P.M.	<b>LGBTQ+ COFFEEHOUSE</b> 1:45-3:30 P.M.
<b>TRANSGENDER 101</b> 3:45-4:45 P.M.	<b>INTERSECTIONALITY</b> 5-6 P.M.	<b>FILM: PRIDE</b> 6:30-9 P.M.

The poster features a dark red background with several circular callouts. At the top left, a black circle with a white border contains the text 'LGBTQ+' in white. Below it, another black circle with a white border contains 'AWARENESS DISCUSSION SERIES' in white. To the right, a yellow circle contains 'APRIL 18 & 25' in black. Below this, a light blue circle contains 'APRIL 18' in white, and another light blue circle contains 'APRIL 25' in white. A white arrow points from the yellow circle to the 'APRIL 18' circle. In the bottom right corner, the St. Charles Community College logo is visible, consisting of a white diamond shape with a black outline and the text 'ST. CHARLES COMMUNITY COLLEGE' in white.

# LGBTQ+

## AWARENESS DISCUSSION SERIES

**APRIL 18 & 25**

**APRIL 18**

**APRIL 25**

**SCC SPEAKS FREELY: ABOUT LGBTQ+ AWARENESS**  
10-11:15 a.m. // Thursday, April 18  
CC Rotunda  
Join student voices in this free-speech-style format. Co-sponsored by Gender & Sexualities Student Organization, Student Activities and BRIDGE\* committee.

**THE LARAMIE PROJECT**  
10 a.m.-noon // Thursday, April 25  
FAB Theater  
Dramatic performance of the story of Matthew Shepard, a gay man who was beaten and left for dead.

**JOIN THE DISCUSSION**  
Immediately following the performance  
Post-show "Talk Back" with director, cast, local LGBTQ+ advocates and YOU!  
Refreshments immediately following in FAB theater lobby. Co-sponsored by Student Activities and BRIDGE\* committee.

\*BRIDging Inclusion Diversity & Global Education

St. Charles Community College strives to provide reasonable accommodations to all people at any SCC-sponsored event. For more information, please contact [schas.edu](http://schas.edu) or your needs.

APPROVE: [signature]  
REMOVE: 4/24/2019

78.6%

# HUMAN TRAFFICKING

speaker + film series

SSB Auditorium, St. Charles Community College

Join St. Charles Community College and the Gateway Human Trafficking Organization as we tackle the important issue of human trafficking in the St. Louis region. Hear from experts on why it continues to flourish, the diverse consequences on society and what is being done to stop it. This free speaker and film series will help the audience understand the causes of human trafficking in the region and how they can help prevent it.

11:30 a.m. - 1 p.m.

Thursday, Jan. 23

## PART ONE:

The rise of human trafficking in today's civil society.

**Speaker:** Dr. Shima Rostami, Executive Director & Interim President, Gateway Human Trafficking (GHT)

Monday, March 2 & Thursday, March 26

## PART THREE:

Labor and sex trafficking – a case study.

**Speakers:** Sgt. Adam Kavanaugh, Special Investigations Unit, Deputy Commander Mo. Internet Crimes Against Children Task Force (Human Trafficking Task Force) and Jeffrey Othric, Supervisory Special Agent, ICE-Homeland Security Investigations

Monday, Feb. 3 & Thursday, Feb. 20

## PART TWO:

Human trafficking and challenges facing anti-human trafficking professionals.

**Speakers:** Sgt. Adam Kavanaugh, Special Investigations Unit, Deputy Commander Mo. Internet Crimes Against Children Task Force (Human Trafficking Task Force) and Jeffrey Othric, Supervisory Special Agent, ICE-Homeland Security Investigations

Monday, April 6 & Thursday, April 30

## PART FOUR:

Human trafficking and the twelve core concepts of childhood trauma.

**Speaker:** Project FORECAST - Foundations for Outreach through Experiential Child Advocacy Studies Training – through the University of Missouri St. Louis Children's Advocacy Center.

## HUMAN TRAFFICKING FILM SERIES FILM SCREENING PROJECT

6-8 p.m.

Monday, April 20, 2020

## PART ONE:

### "Sold in America"

**Facilitator:** Dr. Shima Rostami, Executive Director & Interim President, Gateway Human Trafficking (GHT)

**Panel Guest Speaker:** Jeffrey Jensen, U.S. Attorney for the Eastern District of Missouri; Tim Lehman, St. Charles County Prosecuting Attorney; Sgt. Adam Kavanaugh, Special Investigations Unit, Deputy Commander Mo. Internet Crimes Against Children Task Force; Human Trafficking Task Force; Sergeant Jazmya Clayborn, Intelligence Division, St. Louis Metropolitan Police Department.

Thursday, May 7, 2020

## PART TWO: "Little Stones"

Little Stones unites the personal narratives of four women around the world using art to create positive change in their communities.

**QUESTIONS:** Contact Dr. Shima Rostami (Executive Director - GHT) [rostami@gatewayhumanttrafficking.org](mailto:rostami@gatewayhumanttrafficking.org) or Robert Jones (Student Life Manager) [robert\\_jones@stchas.edu](mailto:robert_jones@stchas.edu)

SPONSORED BY:



STUDENT ACTIVITIES OFFICE  
STUDENT GOVERNMENT ASSOCIATION  
STUDENT SUCCESS SOCIETY

**xxii. Student Travel Contract**

SCC Student Travel Contract  
St. Charles Community College



**SCC Student Travel Contract**

I, \_\_\_\_\_, hereby agree to fulfill all the terms listed below as a student from St. Charles Community College (hereafter listed as SCC) to the SCC sponsored event:

Student Organization: \_\_\_\_\_

Event Name/Description: \_\_\_\_\_

Travel Dates: \_\_\_\_\_

1. I understand that as a representative of SCC, I will attend all activities and events, both pre-planned and those determined on site, unless other arrangements have been made and approved in advance by the club advisor(s). I also agree to travel to and return from this trip via transportation provided by SCC.
2. I understand that the club advisor(s) is the college official in charge during the duration of the trip; and I must follow the instruction and direction of the club advisor(s) at all times.
3. I understand that I am a representative of SCC. As a representative, I will engage in behaviors which are responsible and mature. I understand that any actions I take will negatively or positively affect peoples' opinion about SCC. I understand that I am bound by all College policies, including the student code of conduct regulations as stated in the SCC Student Handbook, as well as all applicable laws. During this trip, the Rights of the "College" will be implemented by the club advisor.
4. I understand that I will not be permitted to possess or consume alcoholic beverages (even if I am of age) or illegal drugs while on an SCC sponsored/sanctioned trip. (All SCC student organization activities and trips are considered SCC sponsored/sanctioned).
5. I understand that any behavior deemed inappropriate by the club advisor(s) and in violation of the SCC Student Handbook and Code of Conduct may result in dismissal from the trip/event. If I am asked to leave, I understand that I must reimburse the College for any expenses incurred for the trip. I also understand that I may be subject to further disciplinary action from the Director of Student Life.

6. Each club participant shall provide an emergency contact and phone number, along with current health insurance information. This individual will be contacted in case of emergency or disciplinary action. In the event of a medical emergency, the student will be transported to the nearest medical facility. It is the responsibility of the student and the emergency contact to make arrangements for the student to be transported home, if the student cannot rejoin the trip. All expenses will be borne by the student.
7. I KNOWINGLY AND FREELY ASSUME ALL RISKS, both known and unknown, even if arising from the negligence of the releasees or others. I assume FULL RESPONSIBILITY FOR MY PARTICIPATION.

**I understand the terms of this contract and will comply. Failure to do so may result in disciplinary action.**

Student Name (printed): \_\_\_\_\_

Signature: \_\_\_\_\_

Student ID #: \_\_\_\_\_ Date: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Relationship to Student: \_\_\_\_\_

Emergency Contact Phone #: \_\_\_\_\_