

Kinesiology · Exercise Science



- This is a suggested **MAP** for students interested in this **FIELD**. It does not represent a contract or guarantee course availability.
- Following the **MAP** provides students with the best chance for course transferability.
- This **MAP** is designed for full-time students, but the suggested courses apply to all! Customize a path by **ADDING** semesters, including **SUMMER**.

Choose ONE course from each row unless otherwise indicated

Semester 1	Core42?	Credits	Notes
EXS-100		3	
EXS-110		3	Instructor permission required to take in first semester
PHE-112		1	
PHE-215		2	
PHE-230		3	
PHE-241 or PHE-242		3	

Semester Hours: 15/Cumulative Hours: 15

Semester 2	Core42?	Credits	Notes
EXS 200		2	
EXS-205		2	
EXS-210		2	
EXS-220		3	
EXS-215		2	
EXS-225		3	
PHE-210 or PHE-211		1	

Semester Hours: 15/Cumulative Hours: 30

Semester 3	Core42?	Credits	Notes

Semester Hours: 0/Cumulative Hours: 0

Semester 4	Core42?	Credits	Notes

Semester Hours: 0/Cumulative Hours: 0

Pathway Considerations

Kinesiology · Exercise Science: Info and Requirements

- Minimum of c grade on all course work

Some Important Things About Pathways...

1. Before **registering** for courses, make an appointment with an **Academic Advisor**. They will help make sure you're taking the right courses and sticking to your path.
2. For course descriptions, visit <https://www.stchas.edu/academics/course-descriptions>
3. To organize courses for your upcoming semesters or to register online, visit the **Student Planning App** in the SCC Portal.
4. The order in which you take your courses may be important. Please check with your **Academic Advisor** to make sure you're not forgetting about course **prerequisites**.
5. If you have questions about your Financial Aid eligibility, contact a **Financial Aid Counselor**.
6. The courses in this map were hand-selected to help you achieve your educational goals, which often includes **course transfer**. SCC does its best ensure all courses **transfer**, though transferability is always up to the transfer institution. (See Core42 for exceptions to this rule.)
7. The simplest plan is for you to **stick to the path**. Changes to maps can be made, but please speak with an advisor, a teacher, and/or potential transfer institutions to ensure your substitutions fit your educational goals and needs.
8. Finding a career interest can help you find your Pathway. Consider visiting **Career Services**—they can help!
9. If you're interested in jobs based in Manufacturing & Industry, contact **Workforce Development**.

Questions about your Pathway?

Career Questions	Career Services · 636-922-8243 or -8244 · SSB 2201
Advising Questions	Academic Advising · 636-922-8241 · SSB 2201
Financial Aid Questions	Financial Aid · 636-922-8712 or -8404 · SSB 2201
Jobs in Industry or Manufacturing	Workforce Development · 636-922-8474 · HUM 103
Nursing & Allied Health Advising	Email: alliedhealth@stchas.edu · CHL 126/127

For more information on Pathways, visit www.stchas.edu/Pathways